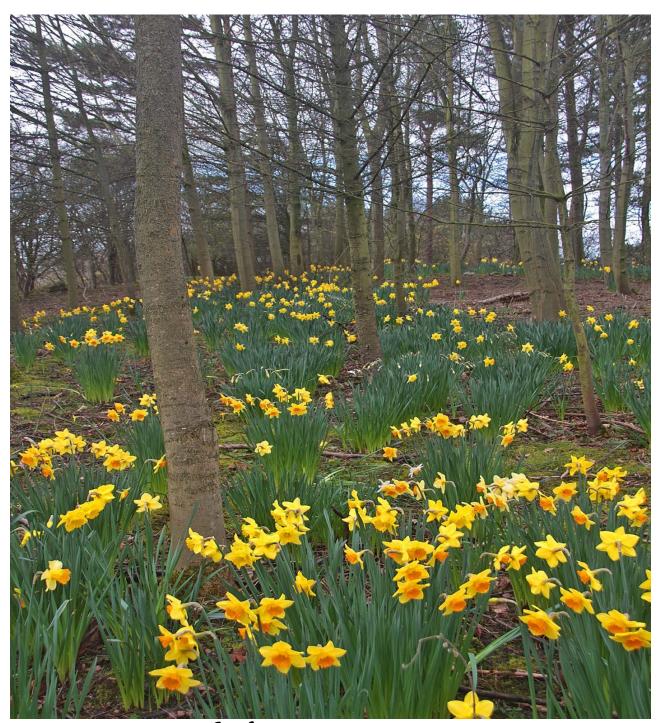
## Parish Magazine

for

### The Benefice of Lower Beeding and Cowfold

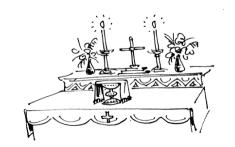
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Easter Day- April 4th

**April 2021** 

### For the Benefice Readings & Worship Services April 2021



### April 4th - Easter Day

Isaiah 25: 6-9.

Acts 10: 34-43.

John 20: 1-18.

### April 11th - Second Sunday of Easter

Acts 4: 32-35.

I John 1: 1-2: 2.

John 20: 19-3end.

### April 18th Third Sunday of Easter

Acts 3: 12-19.

I John 3: 1-7.

Luke 24 36b-48.

### April 25th 4th Sunday of Easter

Acts 4: 5-12.

1 John 3: 16-end.

John 10: 11-18

From the Registers

### Times of services – Sundays

### **Lower Beeding**

St. Peter's, Cowfold

Eucharist: 8.30 at St. Johns

St Peters has an 8 o'clock service on the 2nd, 3rd and 5th Sunday

Eucharist: 10.00 at Holy Trinity

All churches have reopened for Services.

All Easter Services will be held in church. There will be a dawn service at St. John's this year.

Churches reopen on Palm Sunday and all our Easter Services will be held in St. Peter's



## All three churches in the Benefice will be open for services from Palm Sunday

### Palm Sunday 28th March

8.30 am Eucharist CH (St. John's)

10.00 am Eucharist LB (Holy Trinity)

10.00 am Eucharist CF (St. Peter's)

### **Holy Week**

Monday 7.30 pm Eucharist LB (Holy Trinity)

Tuesday 7.30 pm Eucharist LB (Holy Trinity)

Wednesday 7.30 pm Eucharist LB (Holy Trinity)

Maundy Thursday 7.30 pm Eucharist CF (St. Peter's)

Good Friday 12 noon Led meditation CF (St. Peter's)

2.00pm Good Friday liturgy (Eucharist in which reserved sacrament

may be received) LB (Holy Trinity)

### **Easter Day**

6.30 am Dawn Eucharist CH (St. John's)

8.00 am Eucharist CF (St. Peter's)

10.00 am Family Eucharist LB (Holy Trinity)

10.00am Eucharist CF (St Peter's)

3.30 pm Evensong CH (St John's)

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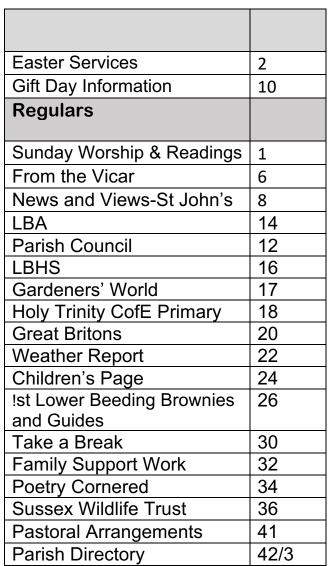
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### CONTENTS





Welcome to the April 2021 edition of the Parish Magazine for the Benefice.

All our three churches are now open for worship and we are able to hold our Easter services this year (see p.2) in person.

For the early birds, we are having our Dawn Service at St. John's led by Revd. Martin at 6.30am.

We are losing Mark Bamford as the Church Warden at St. John's. We would like to thank him for all he has done during his term of office.

Keep well and keep safe – Covid 19 is still around and will be with us for some time

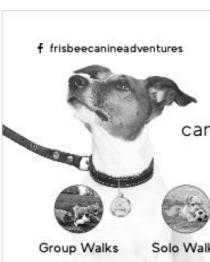
Lesley Hendy
Acting Editor
lesleyhendy6@gmail.com

Copy date for next magazine-

### Wednesday 14th April

Submissions should be sent to lesleyhendy6@gmail.com

The views and opinions within this publication are not necessarily those of the editor or the Parochial Church Councils' of the Benefice.





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## The Vicar's Letter



Happy Easter!

Good news all round!

During the last 15 months or so we have grown used to any bit of good news being highly qualified. At the moment we are living with the first part of the road map back to normality and if it goes to plan then by the end of June life will be radically different. We have grown used to things like one politician saying we might be able to go on holiday later in the year and then by the next news bulletin another one saying we can't. This is all down to the very nature of the pandemic but everything being so provisional is not good for us as human beings.

Easter Day is different. It is unqualified good news. Jesus Christ did rise from the dead. The Roman and Jewish authorities would have loved to have been able to produce the dead body but all they could find was the graveclothes. It was also very difficult for them to contradict 500 eyewitnesses.

It is my belief that we need the good news of Easter more than ever before. Jesus described himself as the light of the world and the COVID pandemic has certainly cast an enormous shadow over the entire earth.

A large part of that shadow has been the scale of bereavement. Bereavement is at the heart of the gospel. God the Father watched God the Son die on Good Friday. Yet it is called Good Friday because on the Sunday Jesus rose again. Jesus overcoming death to rise again and appear repeatedly to his disciples and others over a 40 day period is what we will be studying in church over the next few weeks. The implications are enormous

because it means that death can never have the same hold over us. The way to heaven and eternal life has been opened up to us. This is indeed good news.

We are now back in church as well as livestreaming and it would be lovely if you could join us. Please do only come in person if it is safe for you to do so. Each service is livestreamed on the Lower Beeding Parish Facebook page except for Short and Sweet services (second Sunday in the month) which are posted on the St Peter's Facebook page.

All services appear on the St Peter's website as soon as our lovely volunteer Steve has time to put them up on it. Why not take a fresh peek at the Easter story? God bless, with love,

Sue





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## News and Views from St. John's, Coolhurst

### April 2021 Mark Bamford: Thoughts for Easter 2021

Dear All



In messages from St Johns one tries to offer a slightly different view, challenging and combining themes that are theological, topical, thoughtful, and rural. In this same month several years ago, the topics of spring and resurrection - viewed through the beauty of St Leonards Forest and our much loved church - were addressed in detail. This year, however, the message of the season is so clear that there is precious little need for metaphor, analogy or a thought provoking epistle!

Circumstances have denied us the pleasure of cold and frosty mornings at Coolhurst whilst we have been confined to barracks, grateful for the versatility of our ordained and lay ministry team and their embrace of modern technology in order to engage with as many people as possible under the most trying of circumstances.

As a result one perhaps feels that with distance, austerity and sobriety having been mandated by the state, rather than imposed upon ourselves as a period of Lenten self-restraint and reflection, we have to some degree dodged the personal spiritual challenge of Lent and preparation for Easter. Whilst of course enduring great personal and national hardship, spiritually speaking have we skipped to spring and resurrection without due consideration?

Frankly, it seems plausible that God, all knowing and all compassionate, would be willing to "give us a pass" this year! One hopes that instead He is revelling in His people's joy that Easter coincides with children returning to school, industry to work, congregations to churches, loved ones being reunited, sports teams in training and a population being made safe thanks to scientists applying their God-given talents to medical care and vaccinations.

At the time of writing, much hard work is underway as we prepare to reopen our own churches to communal worship on Palm Sunday, crocuses and daffodils abound, thanks are being given for our mothers, and spring is peeping around the corner.

So, just this year, let us focus less on the challenging parts of the Easter story and instead delight and give thanks for a spring "new start" more meaningful than usual. May we devote ourselves to our service to God, the Queen and every member of our United Kingdom – as reflected right down to our village level – in great hope, with love and joy for all. Happy Easter!







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### **SAVE THE DATE!**

We will be celebrating our Patronal Festival at St Peter's, Cowfold,

a GIFT DAY on Saturday 26th June.

There will be much to celebrate and be thankful for if the government's roadmap goes to plan and all restrictions are lifted by then. More details to follow next month but, for now, please keep the date free.



### **Charming Cottage in historic Pump Alley**





This delightful cottage close to the town centre is now available to rent. Whether it's for 2 nights, 2 weeks or longer it is a great place to stay for friends or family visiting Horsham or surrounding areas. The cottage has two bedrooms, bathroom, fully equipped kitchen, TV and wifi. **Please** 



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### **Lower Beeding Parish Council News**

### **April 2021**

**Dear Parishioners** 

With many of us receiving our vaccinations we can now look forward to seeing lockdown restrictions lifted and a brighter spring and summer. However, as they are lifted we must still be vigilant in keeping the virus contained and at bay, so please show some restraint.

First of all, our Community Speed will resume in April and once again we are seeking volunteers to help in this important safety issue for our Parish. Please contact me if you are interested.

### **Adopt A Street Volunteer Scheme**

You may have noticed an increase in the amount of litter left by the roadsides. If you have an interest in your local area and want to see it looking clean and tidy? Join our Adopt a Street scheme, which already has over 4,500 volunteers across Horsham district.

Volunteers choose the area they want to adopt, and we will provide all the equipment they need to help with the clean-up, including:

- Litter pickers
- Plastic bags
- Gloves
- Hi-Vis vests
- We also provide health and safety training and help with coordinating the volunteers.

Click on the link below for more details or contact me for any assistance.

https://www.horsham.gov.uk/waste-recycling-and-bins/litter-and-street-cleaning/adopt-a-street

#### Planning Applications made in February / March

#### DC/21/0227 Leonardslee House, Brighton Road, Lower Beeding, Horsham, West Sussex RH13 6PP

Retrospective variation of conditions one (approved plans), six (visibility splays), and fifteen (landscaping) of DC/18/0689 (Change of use, restoration and extension associated with the opening of Leonardslee House and Gardens to the public) relating to maintenance works to plantation woodland along western boundary with the A281.

- The additional signs are excessive and not in-keeping with the area.
- They should plant hedging to screen the car park from view of the road.
- We have received several objection letters from neighbours.

It is a Grade I listed area and is out of keeping with the area.

The application was made after the work was completed.

The extended car park is an eyesore, although this is not pertinent to the application.

DC/20/1948 The Caravan, Jacksons Farm Yard, (Stonehouse Farm), Hammerpond Road, RH13 6PE

Application for another three-year period to retain a mobile home.

The Lower Beeding Parish Council on behalf of residents of the parish and as a body corporate strongly

objects to this application for a further extension to a temporary planning approval for a Caravan at

"Jackson's Farm" which has now been on site for many years, and it cannot be considered temporary. The

first application was in 2014, to permit temporary accommodation whilst DC/13/0134, accommodation

for a Herdsman, was constructed.

The temporary granting of the permission for a stockman / agricultural worker's dwelling, which was

originally due at the latest to be removed by January 2018 was superseded by the accommodation

granted under DC/16/1224, which was the conversion of an agricultural building under Part Q permitted

development.

This application, despite the title of "Jackson's Farm" is absolutely connected to the wider Stonehouse

Farm site, with the applicant in all cases Mr Cooper. The application references DC/19/1122, and should

be connected to other accommodation granted on the connected sites to provide accommodation for a

herdsman. There is no need to extend the temporary planning approval for the caravan and the

application does not demonstrate a need for this accommodation (for a single person) as a result of the

change in activity on the wider Stonehouse site.

The Planning Authority must ensure an immediate removal of this accommodation.

If you need any advice on any issues pertaining to lockdown or isolation, please do not hesitate to

contact me on: -

TEL: 07540 418155

E-MAIL: clerk@lowerbeeding.com

Stay safe!

**Peter Knox** 

**Clerk to Lower Beeding Parish Council** 

Website: www.lowerbeeding.com

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### **Lower Beeding Association News**

Charity No. 267433

### The start of the New Village Hall in 1976

With the £10,000 cheque (I - r) Bernard Bradley, LBA secretary; John Holden, Chairman and Mike Burgess Treasurer. Work can start on the new village hall. The village now has a sports field of 4½ acres with a sports pavilion and soon the village hall. But more money was needed to pay for such essentials as electricity supply, chairs, tables and trestles and a new sliding door between the sports pavilion and the new hall. Cost somewhere in the region of £925.



### Opening of the new village hall October 1977

After officially opening the new village hall Lady Loder received a bouquet from Miss Lower Beeding, Jackie Burgess. Lady Loder recalled that the old Crabtree Hall, was now out-of-date. It was totally impossible to modernise it without a lot of the expenditure and its isolation from the village and particularly lack of parking. Now with the new hall she warned that another £700 or so would be needed to pay for the furniture and fixtures and that the following year there would be a start

made on providing a car park in the nearby orchard. Straight after the official opening a Jumble Sale was held with various groups and clubs participating with 50% of the profits going to the Association, the result was a gain to it of £400. Those involved were Nuthurst Brownies, Lower Beeding Playgroup School, Lower Beeding Lions, Lower Beeding WI and Nuthurst Football team. The Guides and Mannings Heath WI also donated to the funds.



Next month we will have photos of various events over the years.

We are lucky to have such a superb hall and sports field and look forward to when life finally gets back to near normal.

Jean Black



### Lower Beeding Horticultural Society Report

There is little to report this month for the horticultural society so far as our events are concerned. A reminder though that our quiz evening in April and our plant sale in May have both been cancelled for a second year. And we are still hopeful of visiting PrenPlants in July, subject to the conditions at the time.

The seed potatoes and the fuchsia plants are now available for the special classes in the summer show. For the potatoes, simply request a seed potato and you'll receive this together with a potato growing bag to grow it in whatever compost you choose. Then, on the morning of the show, bring it along and have it turned out and the contents weighed, the person with the highest yield will be our 2021 champion. For the fuchsia, grow it on and bring along on the morning of the show to enter the special class just for these particular fuchsias. This year the fuchsia is "Happy Wedding Day", with large white double blooms. We have plenty of these available so why not give it a try, if you aren't happy with it then you don't have to enter the show although of course the more we have on the day the better.

All you have to do to receive one or both of the seed potato and the fuchsia is to call or mail Tom

01293 851319, tom@plimmers.co.uk

### Gardeners' World

Gardener's World

As I write this the weather has not been kind to us this past week, despite one beautiful day the drying of our gardens has been set back by several days of rain, both prolonged and showery. Fortunately, this spell of weather hasn't halted the daffodils, crocuses, and other early spring flowers from continuing their show for us. And as I walk down the garden the scent of the Skimmia Japonica tells me spring is upon us. The



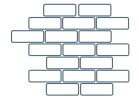
Ribes is starting to produce early foliage and the buds are going to flower by the time April comes around, as will Forsythia and several more early flowering varieties. April is a busy month in the garden as we continue our preparation for a colourful summer and vegetables for the kitchen.

On the vegetable plot the shallots that were started in pots earlier in the year will be ready to be planted out this month. Tomato seedlings from earlier sowings will be ready for potting on, and a number of vegetables can be started from seed. Start beetroot in cells, I use a 40-cell tray to get them going, and sow brassicas, among them summer/autumn cabbage, cauliflower, and broccoli. As a rough guide, seed-sowing to harvesting for a variety of crops is as follows – runner beans 13-15 weeks, cucumbers (indoor and outdoor) 12-15 weeks, courgettes 10-14 weeks, beetroots 12-16 weeks, dwarf beans 9-13 weeks,

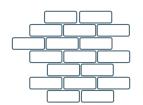
cabbage/butterhead lettuce (eg All Year Round) 9-14 weeks, loose-leaf lettuce (eg Lolla Rossa) 7-9 weeks. These timings will allow you to plan your sowing imes, including those for successive sowings of lettuce. If you are planning to plant out plugs then these timings will reduce by approximately 4-6 weeks. If in any doubt though, read the seed packet. Fill a seed tray, or half-tray, with a good quality compost that has been watered and cover the seeds either with more compost or with vermiculite before placing where the temperature will not drop significantly overnight. Most seed will germinate within 5-10 days, depending on the temperature, and when large enough to handle prick them out and pot-on into John Innes No.1 or similar, using no bigger than 9cm pots. Carrots and parsnips can be sown directly into prepared drills this month, for tender crops such as beans, lettuce, courgettes, starting them off indoors is the preferred approach. April is the main month for planting potatoes that have very likely been chitting for a few months by now, either into open ground or into black polythene containers.

If you sowed annual flower seed in February or March they will need to be pricked out this month. Seedlings should be carefully lifted out and planted into 6-cell (or similar) trays or else other seed trays where the planting spacing should be 5cm. Keep them indoors though through the next stage of growing and hardening off before they can go outside in the next month. In the beds and borders there's both preparation work to be done and also some planting and plant maintenance. Sweet peas can be sown directly in the soil this month, and over-wintered sweet peas can be planted out. Prune back forsythia once the flowering has finished, do this by cutting back to strong shoots. Dead-head daffodils and leave the foliage to allow the plant to die-back naturally. Lift and divide perennials now, this has the dual benefits of invigorating them and providing you with additional plants. Beds will also benefit this month from feeding and mulching. Roses can be mulched with a few inches of organic matter, for example well-rotted manure, and this provides the plants with a water retention medium in dry spells, and the same goes for your perennials and shrubs. These plants will benefit, too, from a feed this month so select a slow-release balanced feed, for example Growmore, to give them a lift.

And, of course, the lawn is going to require regular cutting for the next few months, so always something to be doing. Happy gardening.







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It was lovely to have the children back in school the week of March 8th. The school was filled again with laughter and learning! The children have settled back to our school routines very well. We have tried to make their first few days and weeks as normal as possible to ensure stability during this time.

Keeping to the current COVID restrictions will help us to keep the school open. Please remember that meeting with other households indoors is still not permitted. (But may be by the time you are reading this in April).

Current social contact rules state that people are allowed to leave home for recreation and exercise outdoors with their household or support bubble, if they are eligible for one, or with one person from outside their household.

Let us hope that this will be lessened after Easter when we begin the Summer Term.

### Red Nose Day - Friday 19th March

The theme for this year's Red Nose Day was

'F\_u\_n\_n\_y\_\_i\_s\_\_P\_o\_w\_e\_r\_'

We held a non- uniform day with a superheroes theme so that the children could share their superpowers! We put out collection buckets for donations on the day.



Tracey Bishop





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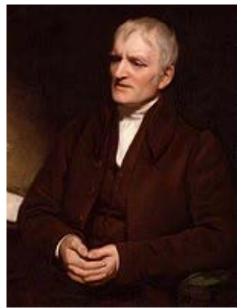
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### **GREAT BRITONS**

### 73. John Dalton





John Dalton, son of a Cumbrian weaver, received his early education at a local Quaker school. From the age of ten the family needed him to earn a living and put him into service of a wealthy local Quaker. When he was 15, Dalton joined his older brother, Jonathan, in running a Quaker school in Kendal. He acquired much scientific knowledge from informal instruction by a retired philosopher and read widely on scientific topics.

Dalton spent much time studying meteorology in Cumbria. Until the advent of aeroplanes and weather balloons, the only way to take measurements of temperature and humidity at altitude was to climb a mountain and estimate the height using a barometer. Dalton became an authority on the heights of Cumbrian mountains. He published *Meteorological Observations and Essays*. This contained much originality of thought and the seeds of several of his later discoveries.

At the age of 27, Dalton became teacher of mathematics and science at the New College in Manchester, a thriving and rapidly growing industrial town. He joined the Manchester Literary & Philosophical Society (the "Lit & Phil"). Its active members became a kind of extended family for this shy man who never married.

As both he and his brother were colour-blind, Dalton recognised that the condition must be hereditary. After thorough and methodical research he published a scientific paper on colour-blindness – the first ever written. Daltonism became a common term for colour-blindness.

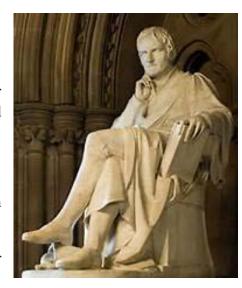
After seven years at New College, the college's worsening finances led Dalton to begin a new career as a private tutor in mathematics and science. He also became secretary of the Lit & Phil, where he presented and then published his four *Experimental Essays*. These advanced the understanding of the relationships between gases, fluids, temperature, and pressure.

Dalton followed this up with several papers on similar topics, notably *On the Absorption of Gases by Water and other Liquids*. This demonstrated, among other things, that the pressure of a mixture of gases is the sum of the pressures that each component would exert if it alone occupied the same space. This is now known as "Dalton's Law".

The most important of all his investigations concerned atomic theory in chemistry. Dalton's study of the physical properties of gases led him to the idea that chemical combination consists of the interaction of atoms of definite and characteristic weight. The concept of the atomic nature of matter had been suggested by various philosophers going back to the Ancient Greeks, but it had never received much acceptance. Although Isaac Newton had been supportive of the concept, it had never been expressed quantitatively, nor used in scientific research. By the 18<sup>th</sup> century, with the separation of philosophy and science, no scientist saw the connection between the philosophical speculation about the nature of matter and the hard facts of chemistry.

In 1808 Dalton published his *New System of Chemical Philosophy*. This explains the concepts of atoms, molecules, elements and compounds as follows:

- 1. Elements are made of extremely tiny particles called atoms.
- 2. Atoms of a given element are identical in size, mass and other properties; atoms of different elements differ in size, mass and other properties.
- 3. Atoms cannot be subdivided, created or destroyed.
- 4. Atoms of different elements combine in simple ratios to form chemical compounds.
- 5. In chemical reactions, atoms are combined, separated or rearranged.



Dalton published a table of the weights of different types of atoms relative to the weight of an atom of hydrogen (taken as 1). This was the first ever periodic table and is key to any quantitative approach to chemistry.

Compounds are molecules composed of two or more atoms. Any two molecules of the same compound are composed of the same combination of atoms. For example, each molecule of water consists of two atoms of hydrogen and one of oxygen. From this it follows that a given compound – no matter how it is prepared or where it is found – always contains the same elements in exactly the same proportions.

So convincingly did Dalton present his theory that within 20 years it was largely accepted by scientists who found that using Dalton's insight was an indispensible tool in understanding the nature of matter. It enabled scientists to make sense of chemical reactions, by showing how atoms of elements combine in definite proportions.

As an investigator, Dalton was often content with rough and inaccurate instruments, even though better ones were obtainable. The eminent scientist, Sir Humphrey Davy, described Dalton as "a very coarse experimenter", who "almost always found the results he required, trusting to his head rather than his hands." Historians who have replicated some of his crucial experiments have confirmed the accuracy of Dalton's insights.

Dalton wrote that he had so often been misled by taking for granted the results of others that he determined to write "as little as possible but what I can attest by my own experience", but this independence he carried so far that it sometimes resembled lack of receptivity.

Dalton became president of the Lit & Phil, but when Davy recommended him for fellowship of the Royal Society, Dalton declined, possibly for financial reasons. 12 years later he was proposed without his knowledge, and elected. He was also elected member of both the French and the American academies of science. In his 60s, the government granted him a pension.

Dalton continued to publish scientific papers until his death. These covered widely diverse topics, such as rain and dew and the origin of springs; the reflection and refraction of light; and even English grammar.

Dying of a stroke, John Dalton was buried in Manchester. Although much of his work was later refined, Dalton convincingly and quantitatively brought the concept of the atom into mainstream science. By doing so, he provided the key idea that made possible the enormous progress of the science of chemistry ever since.

1796		1809		1821		1825		1833	
Vaccination Smallpox	against	Gas pioneered in	lighting London	Faraday's motor	electric	First railway	passenger	Babbage first comp	designs uter

### WEATHER REPORT

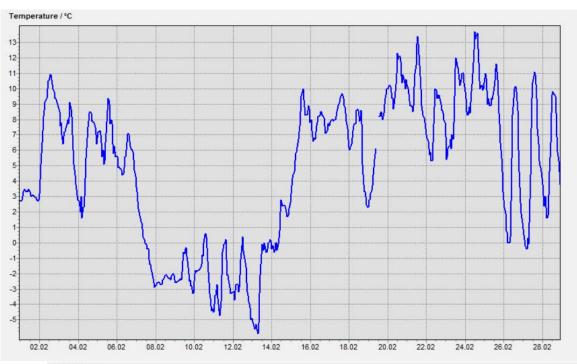


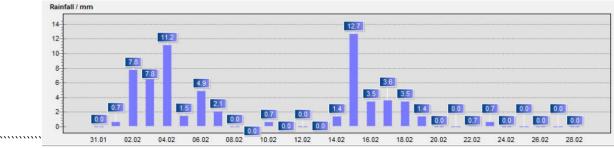
### WEATHER FOR FEBRUARY 2021

Rainfall in February 2021	2.53"	64mm
Rainfall in February 2020	6.61"	168mm
Rainfall for 2021	7.17"	182mm
Rainfall for 2020	10.19"	259mm

Warmest day 13.7°C on 24<sup>th</sup>
Warmest night 9.9°C on the 24<sup>th</sup>

Coldest day  $0.2^{\circ}\text{C on the }11^{\text{th}}$  Coldest night  $-5.9^{\circ}\text{C on the }13^{\text{th}}$ 





Indeed we did have a very cold spell during February and so far the forecasts have been remarkably accurate, in a general sort of way.

#### From the MetOffice:

"The first five days of February were mild in the south, cold in the north, and unsettled, followed by a very cold easterly spell with heavy snowfalls in some areas, and extremely low temperatures on the early morning of the 11<sup>th</sup>. It turned much milder for the second half of the month, and wetter in most areas with frequent strong winds, before a quieter anticyclonic spell arrived for the last few days.

The UK monthly extremes were as follows: A maximum temperature of 18.4 °C was recorded at Santon Downham (Suffolk) on the 24<sup>th</sup>. A minimum temperature of -23.0 °C was recorded at Braemar (Aberdeenshire) on the 11<sup>th</sup>. In the 24 hours ending at 0900 GMT on the 24<sup>th</sup>, 125.8 mm of rain fell at Honister Pass (Cumbria). A wind gust of 72 knots (83 mph) was recorded at South Uist (Western Isles) on the 14<sup>th</sup>. A snow depth of 38 cm was recorded at Aboyne (Aberdeenshire) on the 10<sup>th</sup>."

Both rainfall and sunshine wee below average for our region, however, overall for England, rainfall was above average while sunshine was about average.

The forecast for March to May, using the information from the MetOffice Contingency Planners, is for March and April to be changeable with warmer/cooler and wetter/drier spells alternating. There may be some quite potent (if short-lived) cold plunges into Scotland through March and April which deliver snow at times. These cold incursions may get into the south briefly but are likely to quickly retreat northwards again. Overall a mild season is expected for the south.

For May we expect a switch to high pressure which could bring a much drier and warmer month to all parts of the country.

Rainfall should be about average and maybe slightly drier. There might be some snow in Sussex but it is unlikely to be significant or last

A mixed spring but nowhere near as settled or warm as spring 2020 but not without some good weather at times and especially so in May, so in time for us to enjoy the easing lockdown restrictions (hopefully).

Elizabeth Ogg

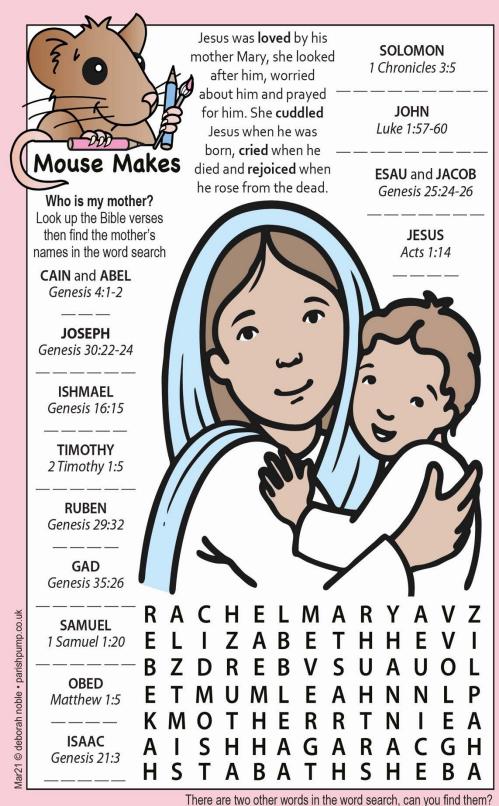


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Thank you so much to Alison for coming forward to take on this important role.

## Children's Page





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## 1<sup>st</sup> Lower Beeding and Nuthurst Brownies

### A fresh start...

As many of you know, Guiding in Lower Beeding has been going strong for over 100 years. During this time we have faced many difficult periods; from wars, economic events and now a global pandemic. Despite these challenges, guiding has remained and been a constant for all those involved; both within the units and the wider guiding community.

These events certainly prove that Guiding can overcome anything and no doubt will continue to evolve and adapt. This past 12 months have forced us all to stop and reflect and maybe this has not been such a bad thing. We are a team of 7 Guiders at Lower Beeding, both very good friends and also many of us related. We have met up via zoom throughout the lockdown restrictions and spent more quality time together than we probably have in a long time. The slower pace of life and change in communicating has allowed us to review how we plan and run the meetings and has also renewed the importance of our friendships. Some real positivity to focus on in what has been a tough time for us all.

We obviously have been unable to meet as frequently as we usually would but we were able to run a half term of outdoor meetings last autumn and a few indoor Christmas crafting meetings in the winter. It was lovely to be reunited and a real reminder of how beneficial and important Guiding is to our young people. Due to covid we have lost some girls, particularly in the Brownie and Guide Units. If people are interested in joining then

please do get in touch at <u>lowerbeedingguides@outlook.com</u>. It is a fantastic movement with so many exciting opportunities.

We are very excited to be able to get back to some normality after Easter and be able to offer more regular meetings, initially outdoors. After being away for such a long time we all feel we are returning with a real enthusiasm and are looking forward to providing meetings packed with new activities but also incorporating some of our old favourites.

Fingers crossed later on in the year we will be able to bring Guiding to the wider community and be able to see you all again, be that at the fete or the senior citizens tea party.



### Maundy Thursday, time to wash feet

Maundy Thursday is famous for two things. The first is one of the final acts that Jesus did before His death: the washing of His own disciples' feet (see John 13). Jesus washed His disciples' feet for a purpose: "A new command I give you: Love one another. As I have loved you, so you must love one another." His disciples were to love through service, not domination, of one another.

In Latin, the opening phrase of this sentence is 'mandatum novum do vobis'. The word 'mundy' is thus a corruption of the Latin 'mandatum' (or command). The ceremony of the 'washing of the feet' of members of the congregation came to be an important part of the liturgy (regular worship) of the medieval church, symbolising the humility of the clergy, in obedience to the example of Christ.

But Thursday was also important because it was on that night that Jesus first introduced the Lord's Supper, or what we nowadays call Holy Communion.

Jesus and His close friends had met in a secret upper room to share the Passover meal together - for the last time. And there Jesus transformed the Passover into the Lord's Supper, saying, 'this is my body' and 'this is my blood' as He, the Lamb of God, prepared to die for the sins of the whole world. John's gospel makes it clear that the Last Supper took place the evening BEFORE the regular Passover meal, and that later Jesus died at the same time that the Passover lambs were killed.

\*\*

### Good Friday, the day the Son of God died for you

Good Friday is the day on which Jesus died on the cross. He was crucified at 9 a.m. in the morning, and died six hours later, at 3pm. It is the most solemn day in the Christian year, and is widely marked by the removal of all decorations from churches. In Lutheran churches, the day was marked by the reading of the passion narrative in a gospel, a practice which lies behind the 'passions' composed by Johann Sebastian Bach (1685 - 1750). Both the St Matthew Passion and the St John Passion have their origins in this observance of Good Friday.

The custom of observing a period of three hours' devotion from 12 midday to 3 pm on Good Friday goes back to the 18th century. The 'Three Hours of the Cross' often take the form of an extended meditation on the 'Seven Last Words from the Cross', with periods of silence, prayer, or hymn-singing.



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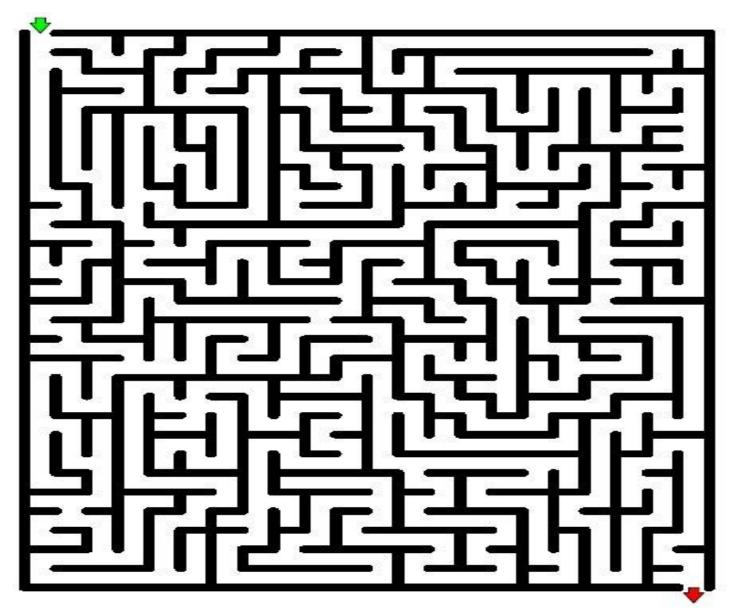


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### **FAMILY SUPPORT WORK**



In recent years FSW has benefitted from Lent lunch donations at Lower Beeding. These excellent lunches have been a time of sharing and fellowship.

However, due to Covid 19 the lunches cannot take place, but FSW is in need of donations and your prayers to keep the charity viable to continue their essential work.

Please keep FSW in your prayers and if you are able please support them with a cash gift as the collection of food for the food bank is on hold for the moment.

Donations can be made www.family support work.org donate page.

Kay Croll





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## Poetry Cornered

### Sonnet 98: From you have I been absent in the spring

**WILLIAM SHAKESPEARE** 

From you have I been absent in the spring,
When proud-pied April, dressed in all his trim,
Hath put a spirit of youth in everything,
That heavy Saturn laughed and leaped with him.
Yet nor the lays of birds, nor the sweet smell
Of different flowers in odour and in hue,
Could make me any summer's story tell,
Or from their proud lap pluck them where they grew:
Nor did I wonder at the lily's white,
Nor praise the deep vermilion in the rose;
They were but sweet, but figures of delight
Drawn after you, – you pattern of all those.
Yet seem'd it winter still, and, you away,
As with your shadow I with these did play.



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Blackbird Roger Wilmshurst.jpg

Michael Blencowe. Senior Communities & Wildlife Officer. The Lower Beeding Dawn Chorus

Imagine if we had to do it. Imagine that first thing every morning we had to stake a claim to our property by pulling on our dressing gowns, marching out onto our doorsteps, taking a deep breath and singing a song. Lower Beeding would awaken to an a cappella cacophony of show tunes, power ballads and rock anthems pouring from porches and patios, backyards and balconies. And if you weren't out there, patrolling your property with a raspy rendition of 'Hey Jude', your neighbours would



assume you'd gone and they'd muscle in on your property. If you overslept you'd wake to find Jeanette from two doors down screeching 'I Dreamed a Dream' on your doorstep and you'd have to see her off with your version of 'River Deep, Mountain High'.

Throughout April male birds are aggressively establishing their breeding territories. In the absence of bricks and barbed wire, their songs build the boundaries around their little bits of the Horsham district. It's vital they croon their songs every morning. After a day dodging cats, cars, windowpanes and sparrowhawks these stubborn Sinatras must inform their neighbours that they're still alive and still king of the hill, top of the heap. Yet to our ears this warzone of warbles and whistles is a stirring celebration of the arrival of spring which fills our hearts with the promise of the summer to come. Bernstein, Britten, Beethoven and Brian Wilson rolled into one.

At the first hint of dawn, in the still, silent air, this free music festival begins. And what a line-up! The sweet vocal stylings of the robin start the show. Then the relaxed doo-be-doo-be-doo of the blackbird; the Sinatra of the dawn chorus. You could sit back and enjoy their performance as the night falls or in the wee small hours of the morning. The symphony builds as the sun rises. We're joined by a supergroup: CSD&G (chaffinch, song thrush, dunnock & great tit). Then the blackcap joins the avian opera, the first of our international superstars who has flown in from Africa to serenade us. And now here's the chiffchaff. Obviously influenced by Destiny's Child, this warbler "says his name / says his name" over and over. And over. Chiff-chaff-chiff-chaff-chiff-chaff. Then that little bird with the big attitude, The Wren, cranks it up. He opens his tiny beak and a five second warbling, rattling, trilling tantrum explodes from it. Like some heavy metal band with the Tasmanian Devil on lead vocals. These birds are sending out a clear message: if I've got enough spare time to stand around and sing then I must be fit and skilled at finding food. So, females flock to the lead singer — a familiar phenomenon (let's face it, Mick Jagger wouldn't have been half as popular with the ladies if he'd been on backing vocals).

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If you are interested in Rabbit Patch Day Nursery, get in touch to arrange a visit to meet our staff and see the space for yourself. Email us on: contact@rabbitpatchnursery.co.uk or call us on: 01403 891976.

Why not stop by our website: www.rabbitpatchnursery.co.uk and follow us on Facebook to keep up to date with what we are up to.

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### **Food for a Queen**



At the start of spring queen bumblebees emerge from hibernation to feed on pollen and nectar from early flowering plants. Larger and hairier than other bees, bumblebees are better adapted to cold weather so the first spring bee you see if probably a queen bumblebee. She searches for a dry cavity to build a nest; a vole hole, the base of a grass tussock, gaps within a chest tomb or beneath graves kerbs. A thimble-sized waxen pot is filled with pollen, nectar and eggs and the summer cycle begins.

Bumblebees are social insects living in nests of up to 400 individuals. Unlike honeybees they do not swarm, only the queen can sting, and a nest only lasts one season. There are 24 species of bumblebee in the UK but only eight are common so if you want to try your hand at biological recording this is a good place to start and please send us your records.

Churchyards are great for bumblebees in the spring as so many have an array of spring bulbs and other flowers such as primroses and celandines. Take a wander on a warm day and see if you can see any.

Andrea Gilpin andrea@cfga.org.uk www.caringforgodsacre.org.uk

### New bishop for the environment appointed by Archbishop of Canterbury

The Bishop of Norwich, Graham Usher, is to lead the Church of England's Environment Programme with a charge to lead bold, deliberate, collaborative action across the Church to tackle the grave existential crises of climate change and biodiversity loss.

Bishop Graham will work with the Mission and Public Affairs department of the Church of England, continuing the commitment to net-zero carbon impacts across the Church of England by 2030 set by General Synod in February 2020.

The Archbishop of Canterbury, Justin Welby, said: "This will be a key year for the UK's approach to climate change internationally." In June, the UK will host the G7. In November, Glasgow will host COP26. The Environment Bill will be coming to Parliament. "Now is the time for bold, deliberate, collaborative action."

Bishop Graham said: "Responding to the climate and biodiversity crises is not a luxury in the ministry of the Church, but an urgent imperative for our mission."

Churches are being encouraged to raise their voice to speak up about the need to tackle climate change across the whole of society through the Climate Sunday initiative, starting by holding their own climate focused service.

#### Mark and his Team welcome you to

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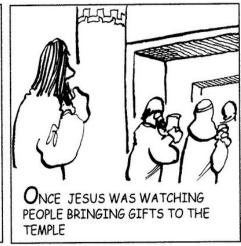
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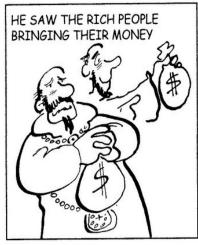
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# The Widow's little coins



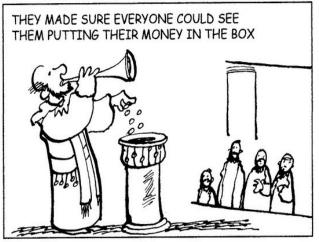


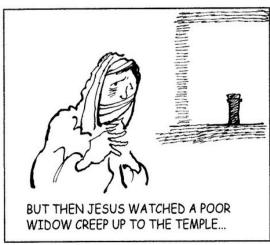




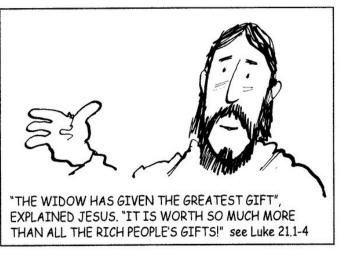












### PASTORAL ARRANGEMENTS

Although Revd. Sue Wharton works part-time there is an answer machine which is checked regularly, although Friday is always a day off.

### **HOLY BAPTISM**

Enquiries about Baptism are welcome for those of all ages who live within the parish or who have a family connection with it.

In the baptism of your child, you as parents are: thanking God for his gift of life, making a decision to start your child on the journey of faith and asking for the Church's support.

Making a decision later in life to be baptised is a commitment to a life of faith, which is completed by being Confirmed in the Church.

Being baptised at any age you become part of the worshipping community of the church and we look forward to welcoming you at our services.

### **HOLY MATRIMONY**

Marriages are celebrated between couples, one of whom is resident in the parish, who have a family connection to it, or whose name is on the Electoral Roll. Enquiries are welcome subject to the regulations of the Church of England, more information on which and on getting married in church can be found at the following website: <a href="https://www.yourchurchwedding.org">www.yourchurchwedding.org</a>

### MINISTRY TO THE SICK

Holy Communion can be brought by members of the church to any who are sick or housebound, regularly if desired.

Relatives, friends or neighbours should feel able to pass on information about those known to be sick or in any other need. As well as receiving Holy Communion, those in need can be anointed with Holy Oil as a sign of the prayer of the Church for the Grace of the Holy Spirit.

Please contact us immediately where anyone is in danger of death.

### **MINISTRY OF ABSOLUTION**

Advice and counsel can be requested and Absolution can be given by the priest to those wishing to make a special confession of sins. The Sacrament of Forgiveness and Reconciliation is an established part of the life and teaching of the Church of England.

### PARISH DIRECTORY

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