

Parish Magazine

for

The Benefice of Lower Beeding and Cowfold

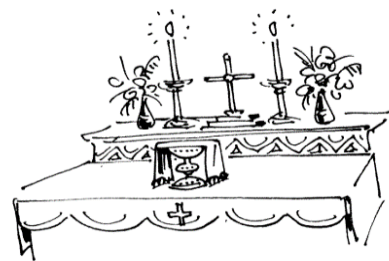
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Shrove Tuesday (Pancake Day)~February 16th
Ash Wednesday~ February 17th

February 2021

For the Benefice Readings & Worship Services February 2021



February 7th 2nd Sunday before Lent

Proverbs 8: 1, 22-31.

Colossians 1: 15-20.

John 1 1-14.

February 14th Sunday next before Lent

2 Kings 2: 1-12.

2 Corinthians 4: 3-6.

Mark 9: 2-9.

February 21st First Sunday of Lent

Genesis 9: 8-17.

1 Peter 3: 18-end.

Mark 1: 9-15.

February 28th Second Sunday of Lent.

Genesis 14: 17-20.

Romans 4: 13-end.

Mark 8: 31-end.

From the Registers

Times of services – Sundays

Lower Beeding

Eucharist: 8.30 at St. Johns

Eucharist: 10.00 at Holy Trinity

St. Peter's, Cowfold

St Peters has an 8 o'clock on the 2nd, 3rd and 5th Sunday

At the time of publication all our churches are closed for the foreseeable future. Services will go online and will be live-streamed. These can be seen on our FaceBook pages.

There will be a livestreamed Eucharist for Ash Wednesday at 7.30pm

7th) 10am Eucharist
14th) 8am BCP Eucharist; 10am Short & Sweet
21st) 8am BCP Eucharist; 11.15am Eucharist; 6pm Taize
28th) 10am Short & Sweet

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2021

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Welcome to the February 2021 edition of the Parish Magazine for the Benefice.

At the time of publication all our three churches have been closed for Sunday Worship. Services will still take place but live-streamed. You will be able to watch them via our FaceBook pages. There will be a livestreamed Eucharist on Ash Wednesday February 17th at 7.00

The sharp-eyed among you will have noticed the front cover this month. Horsham Museum has just acquired the paintings of the stain-glass windows in St.Peter's, Cowfold. Rachel Weller's Press Release can be read on p.8

The three saints depicted are very appropriate for the times we are living through as you can see in the paintings and as the article on p.9 tells us.

The new vaccine is being rolled out , many of you may already have had your first dose. Spring is not far away...in the meantime keep well and keep safe.

Lesley Hendy
Acting Editor
lesleyhendy6@gmail.com
Please stay safe.

Copy date for next magazine-

Sunday 14th February

Submissions should be sent to
lesleyhendy6@gmail.com

The views and opinions within this publication are not necessarily those of the editor or the Parochial Church Councils' of the Benefice.

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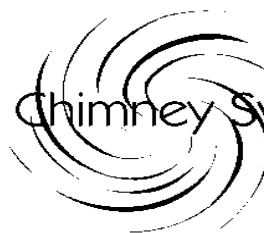
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The Vicar's Letter



Dear Friends,

The perils of writing a letter for a magazine that will not be published until two or three weeks later have been magnified this month by the speed with which national and international situations have been developing. However, the desire of a priest for a pulpit, coupled with the possibility of appearing in print, has, entirely predictably, overcome any sensible prompting towards caution.

At the time of writing, (11.1.21) , the rate of covid infections is increasing rapidly, and Professor Whitty has stated that the next few weeks will be the worst. However, running in parallel with that, is the expansion of the vaccination programme, coupled with the authorisation of several different vaccines. It therefore seems clear that a brighter destination is ahead of us, even if the immediate road ahead gets very bumpy. Quite how these two facts combine to affect our lives by the time you read this is impossible to assess. One prediction I will dare to make is that the church's holy and beautiful season of Lent will commence, as usual, on Ash Wednesday, which this year falls on February 17th. Because of current infection rates, we have ceased meeting together in church for worship. However, as many of you know, we now have the ability to broadcast services from Holy Trinity Church, so I am sure we shall try to mark the start of Lent formally in some way. Do keep your eye on church notices and other communications. The Christian faith takes those two facts of our current existence, bumpy road and bright destination, and points us towards their eternal dimension. Jesus came down to earth to be born as one of us, and to walk among us. During Lent, we remind ourselves, through acts of penitence and self- denial, of just how dark and bumpy His road got, even to the darkness of the cross. However, it is through this darkness, that Christ gained us access to the brightness of resurrection life with God forever. Lent leads to Easter.

As part of our Lenten discipline, Christians gather together for study and prayer. This year, we must meet by Zoom or similar, but we intend to resurrect (there's preparation for Easter !) the course we started last year, which was terminated by the first lockdown. **The course will run for five weeks, starting the week after Ash Wednesday and is "Lentwise: Spiritual essentials for real life" by Paula Gooder.** A number of you will no doubt still have your books from last year, but further copies can be obtained. Please let Sue, Geoff or me know if you wish to participate, and we can sort out dates and times for meeting.

Wherever we are along our current road when you read this, may the Easter promise, that our Lord has gone ahead of us to prepare a place for us in His Father's house, bring you peace and courage. In the meantime, if you become aware of anyone whose present road has become especially bumpy, and who might benefit from the church's ministry, please do tell Sue, Geoff or me, and we will do what we can to help.

May God bless and protect us all,

Fr. Martin

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News and Views from St. John's, Coolhurst



February 2021 Sue Prideaux writes:

Because of publishing timetables, I am writing this in the first week in January. It will be published in a month's time, as Lent approaches. Goodness knows how relevant it will be by the time you read it. As we know from the to-ing-and-fro-ing over the past year, things move fast. But here goes.

"Whatever doesn't kill you makes you stronger," is one of the famous sayings of the philosopher Nietzsche, who was the subject of my last biography. It is a valuable thought that I have held in my head over the past year. 2020 hosted the worst pandemic to sweep what we call the Western world since the second wave of the Spanish 'Flu in 1919. About a third of the World's population became infected and 50 million died. Fortunately, Covid figures should not rise to this number, thanks to science – but more of science later. Nevertheless, it has been, and continues to be hard, even for those of us lucky enough to live in a glorious, traditional village with enough room and fresh air to go round, while permitting us to obey the strict rules without risk or real hardship. Physically, we are part of a small percentage of the world's population who do not really have to suffer from obeying the rules. Take Penny, my yoga teacher who survived cancer and pneumonia three years ago and has been shielding all year in her small London flat. Her flat has no balcony, she is not allowed outside. Not allowed to go for a walk for a year: imagine that. I attend Penny's yoga classes on Zoom twice a week. You remember the day around Christmas when there was a deluge of rain? It flooded the basement of Penny's block of flats and knocked out the boiler. All 300 flats have been without power for a fortnight. No heat, no hot water during the very cold spell just following Christmas. Penny and I yoga zoom twice a week. "I'm okay, she says, I'm wearing a hat all day and even to bed. That's a novelty!"

We all have our Pennys, we all have our inspirational stories. But when you are used to a high degree of independence and autonomy and you take for granted that things work, inspirational stories are not enough. You must look to your own interior life for strength. It is inside yourself that "Whatever doesn't kill you makes you stronger." Count blessings. There are many. For years we have railed at pollution, as though we were not ourselves to blame. We have Covid to thank for skies empty of airplanes and roads empty of traffic. As a result, the air quality has been fabulous. Views stretch further in the pure air. Ponds are not filmed over with that horrible aviation fuel rainbow that comes from living near Gatwick. I know we're restless for change, but how about a Lent resolution to fly only two or four times a year? If you keep to it, that would help.

Maintaining mental stability throughout these difficult months has been a problem, at least for me. But the hope inherent in the Christmas star – that I for one was watching from an upstairs window in Lower Beeding – shines bright. I marvelled at the dazzling conjunction so precisely predicted by astronomical science centuries ago, as well as the symbolic message of hope it shone on this poor, doubting world – the hope of the birth of Christ in the stable and the moral message that it carries. All suffering may be turned into hope. Hope is faith and faith is internal strength. If you really believe, then whatever doesn't kill you, makes you stronger.



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A Stained Present

A dazzling, jewelled-like masterpiece has been acquired by Horsham District Council's Horsham Museum and Art Gallery. The bright radiant colours, as fresh as they day they were painted, adorn a stunning miniature version of the original design for stained-glass windows at St Peter's, Cowfold. A perfect gift at this time of the year and especially appropriate with the Vicar of Dibley back on the screens.

Why the Vicar of Dibley? One of the most memorable episodes is where a tree felled in a storm destroys the Church's stained-glass window. Everyone agrees on replacing it with the same design, but no one can remember what it was like. In Geraldine's case she replaces it with clear glass, to allow "God's" natural world to be seen. Should such misfortune befall Cowfold they can

contact Horsham Museum who have just bought this Edwardian masterpiece from top London dealers Abbott and Holder. The dealers acquired the original paintings, known as presentation pieces, created at Powell and Sons' Whitefriars glass works. Founded in the 18th century, the company developed a growing reputation for artisanship and design, with some of the great Victorian designers working for them. Powell and Sons created these artistic masterpieces, sent them to the client to approve and then kept them to ensure the stained glass looked as good as the painted designs. The quality of their work was such that hundreds of churches in Britain have examples of Powell and Sons glass. The demand for war memorial windows gave the company an extra lease of life in the first half of the 20th century.



This stunning work of art compliments the museum's collection of local paintings and images, as well as building on the important Watercolour Collection. The design also links to the original cartoon drawings drawn by the Glasby sisters of Henfield, of which the museum holds several examples. The Glasby family were renowned stained-glass artists, moving from London to Horsham and then to Henfield in the 1940s. William Glasby created stained-glass designs for over 100 churches in Britain and overseas. His daughters pursued other careers including running a wool shop, working in the theatre, writing children's books and appearing on the BBC. In their spare time however, they continued designing stained glass windows. The full story of the remarkable Glasby family can be found on Henfield Museum blog (<https://www.henfieldmuseum.org/blog/the-glasby-family>).

As described in the book *Causeway House*, Horsham Museum had a role in supplying glass for the Falkland Islands cathedral. Horsham based stained-glass artist, Cliff Durant, used the panels from the old conservatory at the museum to replace the glass damaged during the conflict.

However, today the museum is celebrating the stunning acquisition of the original design for three windows in St Peter's Cowfold. This is an apt acquisition as the church has some of the earliest stained-glass in the country, as told in the book *Heritage of Horsham in 100 Objects*. It is because of this historic continuity that Cowfold Local History Society generously donated some funds to help the museum to buy the presentation piece.

Rachel Weller
Administration Assistant

Telephone: 01403 282591
Email: Rachel.Weller@horsham.gov.uk



THREE SUITABLE SAINTS

The saints portrayed on the colourful windows are really quite appropriate to present circumstances. They are Barbara, Cecilia and Margaret of Scotland.

During this pandemic we are instructed to stay at home and be indoors as much as we can manage. Saint Barbara's symbol is a tower, usually with three windows and her story relates that she was locked up in a tower by a domineering father. The Cowfold glass carry the legend 'care for others' and that's something we can all take to heart right now, a time when many a home must appear too similar to a prison tower for comfort. She's associated with lightening on the rather doubtful grounds that her father was killed by lightening having beheaded his daughter, but she must have spent her time in the tower usefully as she's the patron saint of armourers, artillerymen and military engineers. And here's a powerful tip for home tutors -- she's the patron saint of mathematicians! Who hasn't needed holy inspiration when wrestling with calculus?

Next we have Saint Cecilia, the well-known patron of music, often depicted with flutes, organs, violins, harps and roses. The association apparently is grounded on the assertion she sang at her wedding and was later crowned with roses and lilies by an angel. In lockdown, music has definitely been of angelic comfort to us all , particularly while we wait the season of roses again and lilies of course are associated with our own Saint Leonard and his blood shed while jousting with a dragon.

The final depiction is Saint Margaret of Scotland and her Cowfold window carries the inscription 'patient endurance'. That seems remarkably apt at present and also rather hard to do. By way of encouragement she is reputed to have calmed the soul of her fearsome husband, Malcolm III of Scotland, and she herself was reputedly a just ruler. That sounds like the ideal qualities for quarrelsome households today, so an invocation to the Scottish monarch won't go amiss,

All three saints take us far afield in their stories, far further than Cowfold. Barbara came from Sun City (Heliopolis, now Baalbek in the Lebanon), Cecilia is Roman while Margaret was born in Hungary and is sometimes termed Margaret of Wessex. Rather gruesomely, her head was kept as a relic by Jesuits in France until it was lost in the Revolution, and other of her remains are thought to be in the Escorial in Madrid, brought there by King Philip.

Perhaps it's better not to dwell upon the fate of saints during life nor on the fate of their remains after death, but the windows can be admired for the excellent artwork they are. It will be a while before we're free to drift down to St Peter's to see them -- perhaps on a particularly sunny morning in spring when the glass will gleam with light -- so in the meantime I can only enjoin you to reflect on their attributes and inspirations and urge you to patiently endure while hearing music in your tower.



A Big Thank You

Thank you. We would like to thank everybody for the cards, messages, flowers, and the gifts given to us to celebrate our golden wedding anniversary, we are very grateful and thank you all for helping us to celebrate this milestone. Moira and Geoff Peckham

Thanks,

Geoff xx

+++++

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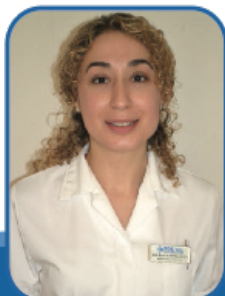


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Lower Beeding Parish Council News

February 2021

Dear Parishioners

I hope all residents are keeping safe and well in these difficult times. Please remember If you require any essential food items, prescriptions or assistance, please call or email me on the contacts below.

The Parish Council have been in the winter recess and meetings resumed at the end of January. All Council meeting date's and updated COVID-19 and other information can be found on the website in the 'News' tab.

Unfortunately, the Community Speed Watch team have to stood down until further notice from Sussex Police.

There were no new planning applications in December and January however there were planning decisions made as below.

Horsham Planning Decisions – December 2020

DC/20/1752 Tudor Lodge Horsham Road Handcross Haywards Heath West Sussex RH17 6DT

Erection of a double storey side extension, installation of a rear canopy and construction of a new garage (Householder

Decision: Application Permitted

DC/20/1843 Caniper Cottage Mill Lane Lower Beeding Horsham West Sussex RH13 6PX

Erection of a double storey rear extension, construction of a garage to the side and part replacement of roof finish.

Decision: Application Permitted

DC/20/1997 Brandywell Handcross Road Plummers Plain Horsham West Sussex RH13 6NU

Erection of a single storey front extension with a gabled roof extending to the rear to replace the existing area of flat roof.

Decision: Application Permitted

DC/20/2059 4 Mill Close Lower Beeding Horsham West Sussex RH13 6PU

Alterations to front elevation replacing garage door with a window to match existing. Internal alterations and instillation of a roof lantern.

Decision: Application Permitted

If you need any advice on any issues pertaining to lockdown or isolation, please do not hesitate to contact me on:-

Peter Knox

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- Liaising with the printers and the editor about the insertion and removal of adverts
- Arranging for adverts to be updated where necessary

Editor of the Parish Magazine

Post involves:

- Compiling of the monthly magazine.
- Writing brief editorial each month, about 150 words
- The assembly of contributions by regular writers, sometimes supplementing regular contributors articles with content from other sources
- Arranging layout of the magazine (pp44) minimum ready for the printers.
- Sending finished magazine to printers and Benefice Facebook pages

Anyone interested either of the above posts and more information please contact:

Revd. sue.wharton@gmail.com

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Lower Beeding Association News

Charity No. 267433

Welcome to 2021 and here's hoping for a better year soon for everyone.

Lower Beeding playing field

Back to the 1950/60s the Lower Beeding villagers had no fixed sports ground and had been playing on land at Leonardslee, South Lodge, Newells, and Swallowfield, among others. In the early 1960s the opportunity arose to purchase a permanent ground at the top of Leechpond Hill for £3500. A sports committee (LBSA) was formed with John Christian as Chairman and Vi Wadey as Secretary, with much help from the Carters, Cubitts, Eggletons, Frys, Rev Gray, the Hicks, Kirkhams, Puseys, Holdens, and Humphreys, among many others. A hand-written letter was delivered to everyone in the village outlining the plans. Once the land had been purchased then the real work began and the cricketers, footballers and other interested villagers began clearing the field.....



The work involved clearing the field, dynamiting trees, rabbit catching, drainage and preparing the field for £2500. Then the fund raising began.



Part 2 next month.
Jean Black

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Solution to Sudoku (p.32)

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|---|---|---|---|---|---|---|---|---|
| 3 | 2 | 1 | 9 | 6 | 7 | 4 | 8 | 5 |
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# Lower Beeding Horticultural Society Report

Hopefully you will have received your schedule for this year last month. If you would like a copy and haven't received one yet then let me know, my contact details are on the back cover. The start of our Events Calendar this year has been put back to our spring show at the end of March, and we are keeping our fingers crossed that the situation we find ourselves in shows sufficient improvement to allow us to hold it. That applies equally to our other planned spring events.

As mentioned last month the society is free to join this year, please do let Janet know of your interest so that you can be included on our newsletter distribution - [janet3isisgranary@btinternet.com](mailto:janet3isisgranary@btinternet.com).

Let's hope for a better 2021 than last year. Tom.

## Gardeners' World

2021 has started with the disappointment of further lockdown for us and the weather hasn't been too friendly either so far as gardening is concerned. Luckily, the winter preparation should be behind us now, and the beds lying dormant to accept everything that the bad weather is likely to throw at them. There's little work to do on the vegetable patch at this time of year, so a little maintenance becomes the order of the day. Of course, if you have set yourself bigger tasks to complete before the growing season starts in earnest, for example moving beds around or making new beds, then there will be plenty to exercise you. Such work will return a good dividend later in the year as the fruits of your labour are harvested.



There might still be a few crops from last year that are available for the kitchen. In my case we will be finishing last year's carrots and parsnips this month, having had them stored in dry compost since pulling in the autumn. You might have sown crops for Christmas, and if you did you could still be eating the results of that work, potatoes being a good example of such crops. Sunny days can be the spur to get out and work in the garden, and if you have laid bark-chip paths between and around your beds then now's a good time to tidy up and replenish the bark. Also February is the month for liming your brassica plot, following the crop rotation that was referred to in previous editions of the magazine. Follow the guidelines on the container when doing this. Lime raises pH and is usually added as ground limestone, commonly called '**garden lime**'. The active ingredient is calcium carbonate. Ground limestone is easy to spread, widely offered in garden centres, and is the recommended liming material for gardeners. Potatoes can

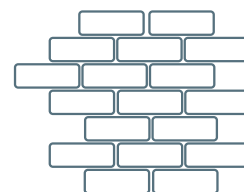
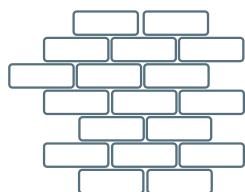
be chitted as soon as you get them, this gets them started before they are to be planted out next month or later. You might think about sowing early crops outdoors, in which case prepare the fine tilth, sow the seeds, then cover the ground with polythene or glass cloches. This makes good use of the plot early in the year before main sowings are made in the spring months. In the greenhouse sow tomatoes, aubergines, and peppers, but bear in mind that either a propagator or a heated greenhouse is required for good germination. There is no requirement for heat in the greenhouse if you choose to start your shallots off in pots, in a mix of compost and sand, giving them a good start before planting out when the ground has warmed up.

As for flower borders there are several jobs that you can begin in February. Deadheading winter flowering pansies will keep them going, dahlia bulbs can be brought on to sprouting by placing them in a warm location, and the same goes for gladioli corms. And sweet peas that were sown in the autumn should be ready for potting on now, whilst if you didn't sow earlier now is a good time to do it, keeping them frost-free and in a cool place – at ground-level in the greenhouse is ideal. Summer bedding plants can be started this month, and just as with some of the vegetables mentioned these require a propagator, a heated greenhouse, or a warm location indoors to germinate. Divide perennials that have grown too large for their position, and use the removed parts to fill in other areas as needed. When you do this then don't over-water, the danger of this is that the seedlings will die-off after a week or so, the result of "damping-off".

Whatever tasks you engage in, be sure to enjoy your gardening, the effort now is going to be worth it in the coming months.

Hortulanus

+++++



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# Holy Trinity C.E.P. School



## Autumn Term at Holy Trinity

When the school pupils arrived back from their long summer break, we were separated into different bubbles, juniors and infants that were kept apart during the day.

Year 6 were very lucky because, despite Coronavirus, bike ability was able to take place this year. But this time it was slightly different as the pupils had to be driven there by their family, as we could not share a car together. When we got there, we met our instructor and our partner as we did it in pairs and not in a big group.

As most people know, every year we hold a harvest service at Holy Trinity Church. But this year, unfortunately, we weren't able to do so. Instead, we came up with a great idea. On Wednesday 30<sup>th</sup> of September we made a video call with Rev Sue and said a prayer about harvest. Then, after school, we walked to the church and donated tinned or dried food to the Family Link Service

On Friday 23 October the PTA arranged for the students to have a 'super-hero' themed mufti-day, since everyone, through lockdown, has been a super hero by playing their part and staying inside to protect the public. Everyone really loved the day and it was a great way to end the half term.

We ended the term with lots of the usual Christmas events taking place virtually. Mrs Bishop took videos of our Infant Nativity and Junior Christingle Services to share with our parents and friends and we all watched a virtual pantomime.

It was a very strange term!

By Lois and Maisey



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## 72. John Constable

1776 -1837



Born in Suffolk, Constable worked in his father's corn trading business, which he was expected to take over in due course. He spent his spare time sketching what he saw in the surrounding countryside. He was introduced to some artistic techniques by a local art collector, and also by a professional artist he met while visiting relatives in London.

At the age of 23, Constable persuaded his father to let him study art at the Royal Academy and thereafter to pursue a career in art, rather than corn trading.

To make ends meet, Constable painted on commission many fine portraits and also occasional religious pictures, but found such work dull.

From early on, Constable's style exhibited a freshness of light, colour, and touch. Constable's usual subjects, scenes of ordinary daily life, were unfashionable in an age that looked for romantic visions of wild landscapes and ruins. When he toured the Lake District searching for inspiration, Constable found that he could not feel satisfied with scenery, however grand, that did not abound in human associations. He required villages, churches, farmhouses, and cottages. "the sound of water escaping from mill dams, willows, old rotten planks, slimy posts, and brickwork, I love such things."

His marriage was delayed by opposition from the lady's family until Constable was 40 (and she 29). Her family considered Constable's family to be social inferiors and he himself to have limited prospects. During their honeymoon at Brighton and Weymouth, the sea stimulated Constable to develop new techniques of brilliant colour and vivacious brushwork. To Constable, "painting is but another word for feeling". But rather than selecting a breathtaking vista, he preferred an ordinary corner of the Suffolk countryside - to "make something out of nothing". A greater emotional range began to be expressed in Constable's art as, through the expressive touch of his brush, he communicated the emotions he felt towards a much-loved landscape.

This contrasted with the Continental tradition in which the artist disciplined themselves to eliminate all trace of their own emotion in their paintings. Constable also rebelled against the artistic culture that taught artists to use their imagination to compose their pictures. Constable preferred to observe nature itself. In order to be more realistic in his painting, Constable read the latest scientific publications on atmosphere and clouds and also completed many observational studies. He often used rainbows to heighten the drama of a blustery sky.

Constable painted many full-scale preliminary sketches of his landscapes to test the composition in advance of finished pictures. These large oil sketches, with their free and vigorous brushwork, were revolutionary at the time, and they continue to interest artists, scholars, and the general public. They convey a vigour and expressiveness sometimes missing from the finished paintings. Constable's sketches demonstrated that landscape painting could be taken to a totally new level. The sketches were the first ever done in oils directly from the subject in the open air.

To convey the effects of light and movement, Constable used broken brushstrokes, often in small touches, over lighter background, creating an impression of sparkling light enveloping the landscape. One of the most expressionistic and powerful of his studies is *Seascape Study*



with *Rain Cloud*, which captures the immediacy of an exploding cumulus shower at sea.

He had been an artist for 20 years before selling his first major canvas, *The White Horse*, which led to a series of large-scale paintings. Elected to the Royal Academy he showed *The Hay Wain* (above) at an Academy exhibition. Four of his paintings, including *The Hay Wain*, were purchased for exhibition at the Paris Salon of 1824, winning a gold medal.

Constable's watercolours were also groundbreaking: the almost mystical *Stonehenge* is considered one of the finest watercolours ever painted. In these paintings, Constable didn't just offer memorable images of mythic English places, he captured a sense of the excitement with which these places were rediscovered by the Romantic movement.

After the death of his wife from TB at the age of 41, Constable brought up their seven children alone. He only wore black for the rest of his life, and was often prey to melancholy.

Throughout his career in art Constable read widely on a variety of subjects, becoming notably articulate on art. In later life he delivered many public lectures on the history of landscape painting, which were attended by distinguished audiences. He died of heart failure and was buried beside his wife in a family tomb in Hampstead.

The use Constable made of complex techniques of paintwork, and his deliberate blurring of perspective, made his landscapes more alive and realistic in their appearance to the viewer. They were the opposite of the precise clarity, including of distant objects, presented by traditional landscape painters. Although his paintings are now among the most popular in British art, Constable was never financially successful in his lifetime. His work was however embraced in France, where he sold more than in England and inspired the French impressionists of the late nineteenth century, who adapted many of Constable's techniques.

# WEATHER REPORT

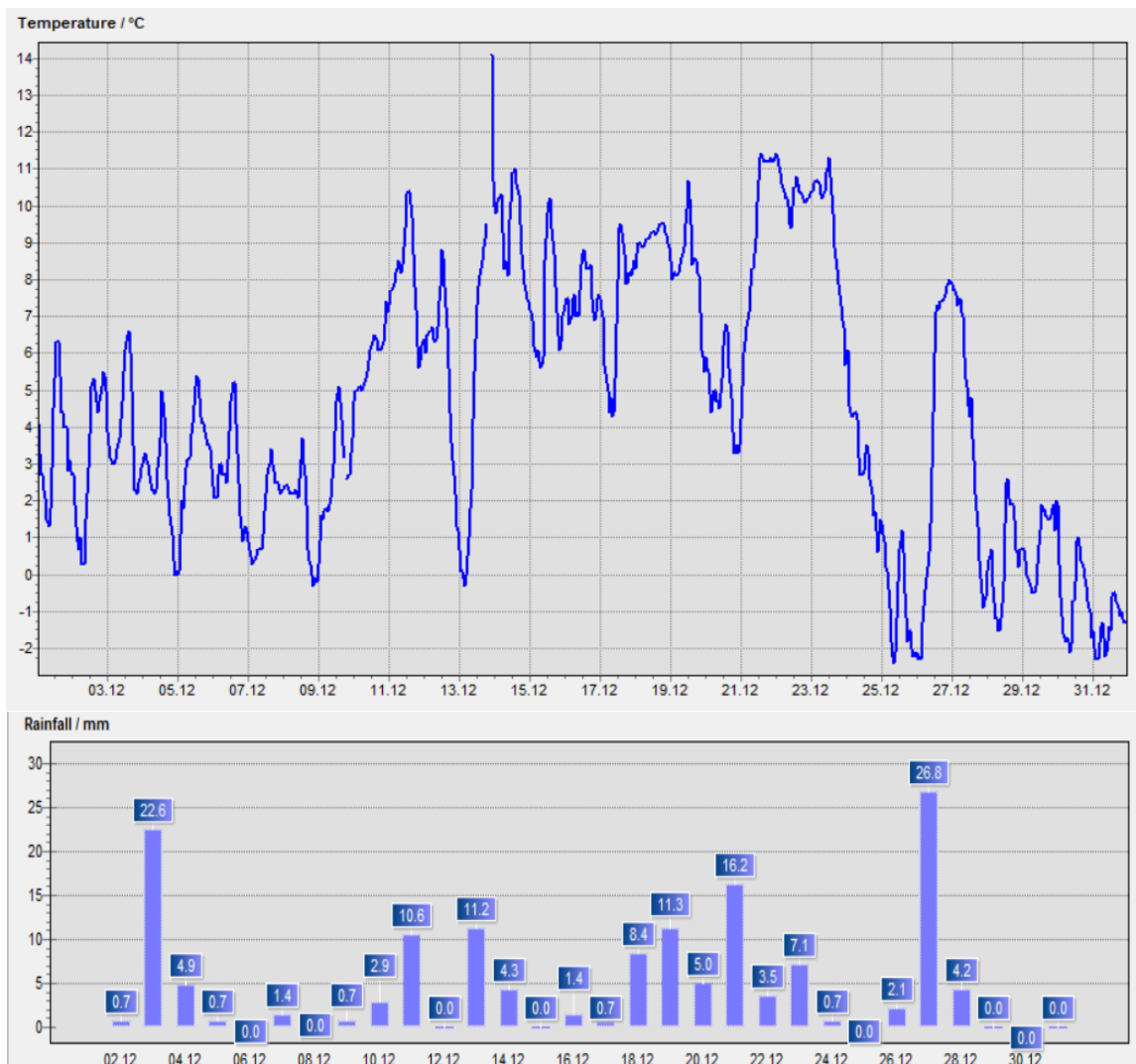


## WEATHER FOR DECEMBER 2020

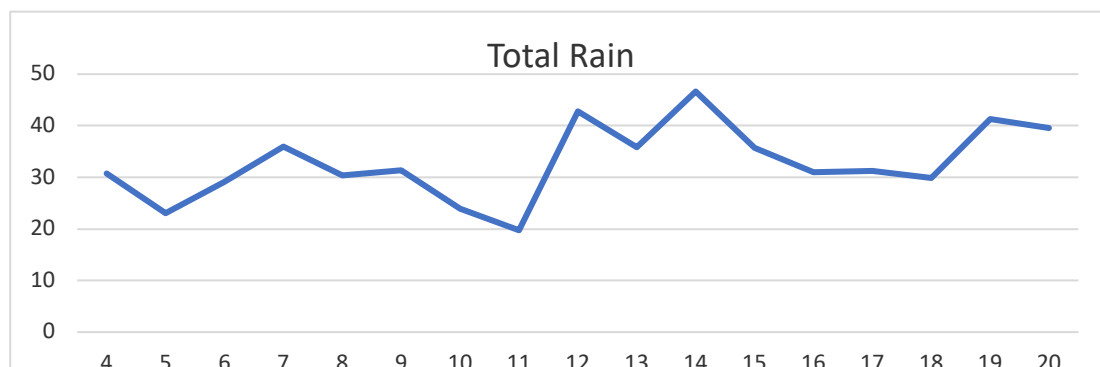
|                           |        |        |
|---------------------------|--------|--------|
| Rainfall in December 2020 | 5.8"   | 147mm  |
| Rainfall in December 2019 | 6.5"   | 165mm  |
| Rainfall for 2020         | 39.57" | 1005mm |
| Rainfall for 2019         | 41.33" | 1050mm |

Warmest day 14.1°C on 13<sup>th</sup>  
 Warmest night 11.4°C on the 21<sup>st</sup>

Coldest day -0.5°C on the 31<sup>st</sup>  
 Coldest night -2.3°C on the 25<sup>th</sup>

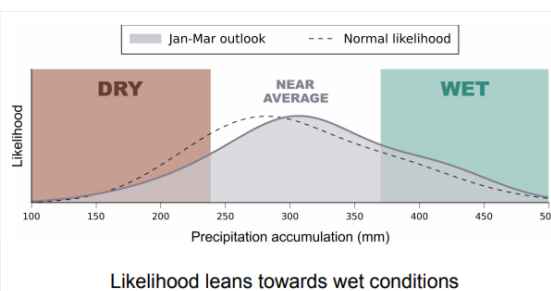
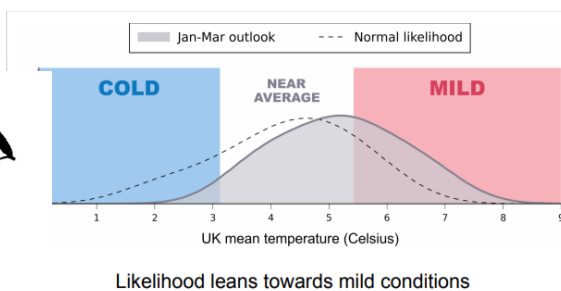


It might have felt like a very wet December, however the totals were not remarkable but there was rainfall on 22 days of the month. A very gloomy and damp month generally, with the promised cold spell around Christmas, which was officially a White Christmas, however not in Lower Beeding.



From the MetOffice

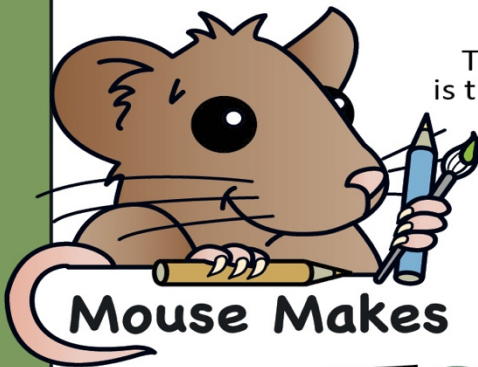
“The first week of December was unsettled and turned increasingly cold, with low pressure becoming slow-moving and giving spells of rain, with sleet and snow over high ground and locally to low levels. It turned milder from the 8<sup>th</sup>, while remaining generally wet. A south to south-westerly type dominated from the 13<sup>th</sup> to 23<sup>rd</sup> bringing bands of rain interspersed with brighter showery weather, with strong winds at times. It became colder during the last week, with widespread wet and windy weather from Storm Bella on the 26<sup>th</sup>, and cold and unsettled weather continued during the last few days with lying snow penetrating to low levels in some counties.”



As for the past few months the long term forecast (MetOffice Contingency Planning), still shows the main drivers for our weather for the next three month as being a mature La Nina increasing the likelihood of westerly winds, North Atlantic sea surface temperatures favouring westerly winds, and a weaker than normal Stratospheric Polar Vortex partly offsetting the previous two factors. As a result, the current view is that there is a moderate chance of mild westerly winds resulting in a greater likelihood of Atlantic weather systems bringing impacts from wet, windy or even stormy conditions. On the other hand, this shift in likelihood reinforces the decrease in the chances of cold conditions from the warming of the UK climate as part of global climate change. Impacts from cold weather, such as snow, frost and fog are therefore less likely than usual. Nevertheless, the chance of cold conditions in January is higher than in recent winters and only slightly less than the normal chance over the longer term. Furthermore, there remains a small chance that the Jan- March period overall will be cold.

Elizabeth Ogg

# Children's Page



## FIND THE CREATION PAIRS from Genesis 1 and 2

|         |         |
|---------|---------|
| EARTH   | MORNING |
| LIGHT   | FRUIT   |
| DAYS    | SEA     |
| TREES   | NIGHT   |
| LAND    | FISH    |
| EVENING | YEARS   |
| ADAM    | HEAVENS |
| DAY     | DARK    |
| BIRDS   | WATER   |
| SKY     | EVE     |

## WHAT AM I?

The last letter of one word is the first letter of the next ....

E \_ \_ \_ \_ H

- What two things did God create first? *Genesis 1:1*

\_ \_ \_ S \_ \_

- What was the Earth without? *Genesis 1:2*
- What came before morning? *Gen 1:5*

\_ \_ \_ \_ \_ G

- Who is the creator? *Genesis 1:1*
- What was separated from light? *Gen 1:4*

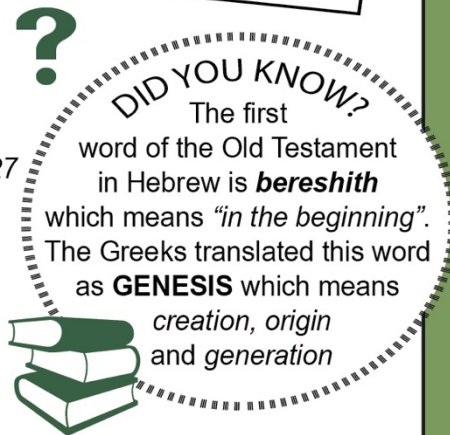
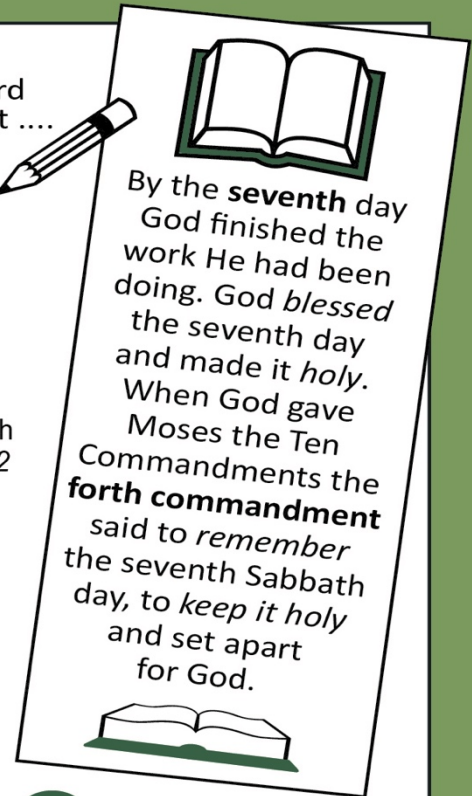
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- Which day did God finish work? *Gen 2:2*
- Who was created God's image? *Gen 1:27*

\_ \_ \_ \_ \_ H

- Who moved over the water? *Gen 1:2*

L \_ \_ \_ \_ \_ S



C R E A T U R E H G O D P  
D G A L R E F R U I T E L  
L O R I E S L B M O S E A  
A O T G E T Y D A R K P N  
N D H H E A V E N I G H T  
D A Y T R R S P I R I T W  
A S E E D S K Y B I R D O

Can you find these words in the word search?  
GOD • HEAVEN • SPIRIT  
FLY • DEEP • EARTH  
DARK • DAY • LIGHT  
NIGHT • STARS • SKY  
SEA • LAND • BIRD  
CREATURE • HUMAN  
TREE • PLANT • SEEDS  
FRUIT • GOOD • TWO

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# 1<sup>st</sup> Cowfold Scout Group

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## Scout Group Fun Events

In December, we thought we would try some new virtual Events to help with Fundraising. We had a Virtual Balloon Race, each day your balloon travels a distance and then after two weeks we had a winner. Great Fun seeing your balloon move along each day. Thank you everyone that purchased a balloon.

We had a virtual quiz, families joined with headwear on and had a fun evening.

This term we will be carrying on meeting virtual, lots of great activities have been planned, including International themed evenings, cooking, photography competition for the Beavers. Jungle Book, wellbeing, cooking are just some of the activities the Cubs will be doing. Teamwork, cooking, fire lighting are some of the Scouts planned activities and Explorers are planning taskmaster event, stem evening and Chinese cooking. This is just a taster of the activities we will be doing. Loads to look forward to.

## Making others happy.

During December, the Cubs and Scouts handmade Christmas cards and wrote lovely Christmas wishes in them, these had been delivered to St Catherine's Hospice just before Christmas for all those staying at the Hospice to have something special to open. We hope they all liked them.

If you are interested in joining the Scout Group, please message

[gsl1cowfold@horshamscouts.com](mailto:gsl1cowfold@horshamscouts.com)

Ellen Barker Group Scout Leader  
1st Cowfold Scout Group, Horsham District, West Sussex  
Tel: 01403 865791 or 07876 564951  
Email: [gsl1cowfold@HORSHAMSCOUTS.COM](mailto:gsl1cowfold@HORSHAMSCOUTS.COM)  
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# 1<sup>st</sup> Lower Beeding and Nuthurst

## Brownies

1st Lower Beeding and Nuthurst Brownies have been keeping in touch since the Lockdowns. The first lockdown we carried on meeting on Zoom keeping in contact with the girls. We did activities online and when we were able to and we met up for social distancing walks in the local woods.

It was unfortunate that some girls decided not to continue with Brownies during the first lockdown, but we have recently had an increase in new joiner enquiries which is great news and look forward to welcoming them to our unit in due course.

Some of the girls are still working through the badge books at home and have completed some great work.

We hope we can meet up again in the near future, but wanted to thank the girls for their patience and we know it's not the same meeting on Zoom.

We look forward to the times when we can meet and get back to the activities we all enjoy.

In the meantime keep safe.

Fluffy Owl & Ethel Owl x



Endurance is the ability to stand up under adversity; perseverance is the ability to progress in spite of it. - *Jerry Bridges*





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# Take a break!



|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   | 1 |   | 6 |   |   | 8 |   |
| 8 |   |   | 5 |   |   |   | 7 | 2 |
|   |   | 9 | 2 | 4 |   | 3 |   |   |
|   | 5 |   |   |   |   |   |   |   |
|   |   | 3 | 7 | 1 | 5 | 2 |   |   |
|   |   |   |   |   |   |   | 5 |   |
|   |   | 8 |   | 7 | 9 | 5 |   |   |
| 2 | 9 |   |   |   | 6 |   |   | 8 |
|   | 3 |   |   | 2 |   | 7 |   |   |

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# FAMILY SUPPORT WORK

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## Church Action on Poverty Sunday, 21<sup>st</sup> February



This month you can join churches around the UK in prayer, giving and action, on behalf of those who are struggling with poverty. Society should be “founded on compassion and justice, where all people are able to exercise dignity, agency and power,” says Church Action on Poverty.

For free resources to encourage prayer and fund-raising, go to: [www.church-poverty.org.uk/sunday/](http://www.church-poverty.org.uk/sunday/).

\*\*

Here in the Diocese of Chichester we have Family Support Work that have, throughout the pandemic been there for Local Families who are struggling to make ends meet.

The gratitude from the families has been so strong over the last few months with one mum saying:

*“I wanted to say I can’t thank Family Support Work enough for the help they have given me and my family. Being a single mum things have been difficult in the past. Just having someone to listen to your problems and help in so many different ways with electric, food parcels was a lifeline and pulled my family together through the struggles we have had. It has bought us closer together*

*as a family and given us quality bonding time, thank you Family Support Work”*

Here at FSW we have been very fortunate over the last few months. As the COVID-19 lockdown started so many of our friends and supporters stepped up to the mark with donations of cash, food, and messages of support and encouragement as we entered into a very difficult period of time. It was both amazing and humbling to be here in the office every day and see the generosity that was shown towards us and the desire to see our work continue.

£31 pays for the average family to receive one-to-one support for a week. £310 will allow us to support a family for 10 weeks. This support may be the difference between just surviving and starting to thrive. Maybe you would consider supporting us on a regular basis. A Gift Aid donation of £25 a month would pay for FSW to support a family for 10 weeks of the year; could you commit to this and help provide vital support to a family?

During lockdown our 11 Practitioners across Sussex have given intensive support to 194 families and a total of 459 children. As the schools reopened and then closed again, problems came to light. We expect this to increase and we really do need to be ready to meet that demand.

One of the families we supported during lockdown struggled as members of the family live with anxiety disorders and personality disorder. This was coupled with the parents agreeing to separate just before lockdown. Both parents were furloughed and father needed to shield. This created a quagmire of conflict, depression, aggressive behaviour and anxiety. It has been a challenge to keep this family stable as they cope with the pandemic and their separation but they have come through safely thanks to the support from FSW.

**Kay Croll**

**(Please remember these families in your prayers and please give where you can. This pandemic is not over yet)**

# Poetry Cornered

## In Memory of a Happy Day in February

Anne Bronte

Blessed be Thou for all the joy  
My soul has felt today!  
O let its memory stay with me  
And never pass away!  
I was alone, for those I loved  
Were far away from me,  
The sun shone on the withered grass,  
The wind blew fresh and free.

\*\*

It was a glimpse of truth divine  
Unto my spirit given  
Illumined by a ray of light  
That shone direct from heaven!

\*\*

I felt there was a God on high  
By whom all things were made.  
I saw His wisdom and his power  
In all his works displayed.

\*\*

But most throughout the moral world  
I saw his glory shine;  
I saw His wisdom infinite,  
His mercy all divine.



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**Yew** by Michael Blencowe of the Sussex Wildlife Trust

Palm Sunday commemorates Jesus' famed donkey ride into Jerusalem. Recreating that palm-branch-strewn journey in Britain has been botanically challenging, since palm trees don't grow in our climate. Instead, churches gathered sprigs of native yew to provide the ceremonial décor and in some areas, the Sunday before Easter became known as Yew Sunday. And that's why every churchyard has a yew.

Well, actually the yew's churchyard connection is because yews are evergreen and can miraculously regrow from a dead stump. The trees were planted as a symbol of everlasting life and a reminder of the Easter resurrection. But, hold up; how come over 500 churchyard yews in England and Wales are older than their churches? It must mean that the yews themselves were pagan places of worship and the churches were built around them. Or they were planted on the graves of plague victims to purify the dead. Or it could be something to do with long bows. Or keeping the waiting congregation sheltered and dry each Sunday.

No-one seems sure where this association started but, whatever the reason, yews look right at home in churchyards. Dark, dense and unmoving they solemnly preside over the sad ceremonies held underneath their boughs and have seen generations come and go (but mostly go). Yews themselves deliver death and every part of them is highly poisonous; their leaves, their bark, their seeds. Only the fleshy red arils around the toxic seeds are harmless, encouraging birds to feed on them and disperse the poisonous cargo within. Yet death itself does not seem to inconvenience the yew.

Two rival British yews are advertised as the oldest living thing in Europe, at an alleged 5000 years old. Not many yews in Sussex can rival these great evergreen granddaddies. Most of our whippersnappers are probably just a couple of hundred years old. The problem is it's hard to accurately age a yew. As they get older, their blood red heart-wood rots, leaving them hollow inside and without traditional growth rings. Its heart may no longer be in it but that won't stop the yew from growing.

One of the oldest yews in Sussex can be found in Stedham churchyard near Midhurst. It's estimated to be a mind-boggling 2,500 years old. Over in Wilmington, at the foot of the Long Man, a monstrous yew dominates the churchyard. At a reputed age of 1600 the tree is 600 years older than the church. Supported by wooden props and straining against rusting chains, it's as if a travelling circus is exhibiting an aging dinosaur. It's worth a visit to both these old timers. For me, standing in the shadow of a plant that is 40 times older than you is humbling and a reminder that for us mere humans, life is brief.

# All in the month of February

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## **14<sup>th</sup> Feb: Valentine's Day**

There are two confusing things about this day of romance and anonymous love-cards strewn with lace, cupids and ribbon: firstly, there seems to have been two different Valentines in the 4th century - one a priest martyred on the Flaminian Way, under the emperor Claudius, the other a bishop of Terni martyred at Rome. And neither seems to have had any clear connection with lovers or courting couples.

So why has Valentine become the patron saint of romantic love? By Chaucer's time the link was assumed to be because on these saints' day -14<sup>th</sup> February - the birds are supposed to pair. Or perhaps the custom of seeking a partner on St Valentine's Day is a surviving scrap of the old Roman Lupercalia festival, which took place in the middle of February. One of the Roman gods honoured during this Festival was Pan, the god of nature. Another was Juno, the goddess of women and marriage. During the Lupercalia it was a popular custom for young men to draw the name of a young unmarried woman from a name-box. The two would then be partners or 'sweethearts' during the time of the celebrations. Even modern Valentine decorations bear an ancient symbol of love - Roman cupids with their bows and love-arrows.

There are no churches in England dedicated to Valentine, but since 1835 his relics have been claimed by the Carmelite church in Dublin.

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## **16<sup>th</sup> February: Shrove Tuesday, Pancake Day**

Ever wonder why we eat pancakes just before Lent? The tradition dates back to Anglo-Saxon times, when Christians spent Lent in repentance and severe fasting.

So on the Tuesday before Ash Wednesday, the church bell would summon them to confession, where they would be 'shriven', or absolved from their sins, which gives us *Shrove* Tuesday. At home, they would then eat up their last eggs and fat, and making a pancake was the easiest way to do this. For the next 47 days, they pretty well starved themselves.

Pancakes feature in cookery books as far back as 1439, and today's pancake races are in remembrance of a panicked woman back in 1445 in Olney, Buckinghamshire. She was making pancakes when she heard the shriving bell calling her to confession. Afraid she'd be late, she ran to the church in a panic, still in her apron, and still holding the pan.

Flipping pancakes is also centuries old. A poem from Pasquil's Palin in 1619 runs: "And every man and maide doe take their turne, And tosse their Pancakes up for feare they burne."

Some people have noted that the ingredients of pancakes can be used to highlight four significant things about this time of year: eggs stand for creation, flour is the staff of life, while salt keeps things wholesome, and milk stands for purity.

Shrove Tuesday is always 47 days before Easter Sunday and falls between 3<sup>rd</sup> February and 9<sup>th</sup> March

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**NOW  
OPEN!**



# Rabbit Patch

## Day Nursery

**NOW  
OPEN!**

### Reggio Emilia inspired day nursery for 2-5 year olds

Rabbit Patch Day Nursery is a newly built nursery based in Plummers Plain,  
10 minutes outside of Horsham.

Rabbit Patch Day Nursery sits on a sizeable one-acre plot of land and offers a bespoke building which is light and airy and opens up on to a large natural outdoor play space.

We offer flexible sessions to meet your family's needs and serve tasty, wholesome home cooked food which the children love.

The children have lots of opportunities for artistic and creative play, to engage and interact with animals and nature and help us develop our vegetable patches.

If you are interested in Rabbit Patch Day Nursery, get in touch to arrange a visit to meet our staff and see the space for yourself. Email us on: [contact@rabbitpatchnursery.co.uk](mailto:contact@rabbitpatchnursery.co.uk) or call us on: **01403 891976**.

Why not stop by our website: [www.rabbitpatchnursery.co.uk](http://www.rabbitpatchnursery.co.uk) and follow us on Facebook to keep up to date with what we are up to.

### **LOWER BEEDING CHURCH ROOM**

**It is essential to book through:-**

**Mrs Mandy Wicking  
01403 891710**

### **LOWER BEEDING VILLAGE HALL**

**For bookings apply to:-**

**LBA SECRETARY  
PHONE 01403 891748**

## **CHIROPODIST**

**MARTIN A. MAYNARD**  
MBChA, MSSCh

**HCPC REGISTERED**

**VISITING PRACTICE**

Tel: 01403 262961  
Mob: 07703 467342  
[martin.maynard1@btinternet.com](mailto:martin.maynard1@btinternet.com)

# PASTORAL ARRANGEMENTS

**Although Revd. Sue Wharton works part-time there is an answer machine which is checked regularly, although Friday is always a day off.**

## **HOLY BAPTISM**

Enquiries about Baptism are welcome for those of all ages who live within the parish or who have a family connection with it.

In the baptism of your child, you as parents are: thanking God for his gift of life, making a decision to start your child on the journey of faith and asking for the Church's support.

Making a decision later in life to be baptised is a commitment to a life of faith, which is completed by being Confirmed in the Church.

Being baptised at any age you become part of the worshipping community of the church and we look forward to welcoming you at our services.

## **HOLY MATRIMONY**

Marriages are celebrated between couples, one of whom is resident in the parish, who have a family connection to it, or whose name is on the Electoral Roll.

Enquiries are welcome subject to the regulations of the Church of England, more information on which and on getting married in church can be found at the following website: [www.yourchurchwedding.org](http://www.yourchurchwedding.org)

## **MINISTRY TO THE SICK**

Holy Communion can be brought by members of the church to any who are sick or housebound, regularly if desired.

Relatives, friends or neighbours should feel able to pass on information about those known to be sick or in any other need. As well as receiving Holy Communion, those in need can be anointed with Holy Oil as a sign of the prayer of the Church for the Grace of the Holy Spirit.

Please contact us immediately where anyone is in danger of death.

## **MINISTRY OF ABSOLUTION**

Advice and counsel can be requested and Absolution can be given by the priest to those wishing to make a special confession of sins. The Sacrament of Forgiveness and Reconciliation is an established part of the life and teaching of the Church of England.

# PARISH DIRECTORY

|                                                               |                                                                                                                                                                                     |               |
|---------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|
| Parish Priest<br>Rev'd Sue Wharton                            | The Vicarage, Handcross Road RH13 6NU <a href="mailto:sue@whartons.org.uk">sue@whartons.org.uk</a>                                                                                  | 01403 891 352 |
| Assistant Curate,<br>Rev'd. Martin Mills,                     | 19 Honeywood Road, Horsham, RH13 6AE. <a href="mailto:mmills.southdown@gmail.com">mmills.southdown@gmail.com</a>                                                                    | 07983 109245  |
| Assistant Minister<br>Mr Geoff Peckham                        | 4 Brick Kiln Close, RH13 6TB<br><a href="mailto:peckham50@gmail.com">peckham50@gmail.com</a>                                                                                        | 01403 891 739 |
| Church Warden (LB)<br>Mrs Stephanie Shaw                      | <a href="mailto:stephanie.shaw1@hotmail.com">stephanie.shaw1@hotmail.com</a>                                                                                                        |               |
| Church Warden(LB)<br>Mark Bamford                             | 18 Trinity Fields, RH13 6GH<br><a href="mailto:mtb198@hotmail.com">mtb198@hotmail.com</a>                                                                                           | 07799 433434  |
| Church Warden (CF)<br>Aidan Favell                            | <a href="mailto:aidan@favellfinch.co">aidan@favellfinch.co</a>                                                                                                                      | 07973195137   |
| Church Warden (CF)<br>Mary Chamberlin                         | <a href="mailto:m.chamberlin@btinternet.com">m.chamberlin@btinternet.com</a>                                                                                                        | 01403864405   |
| Acting Treasurer (LB)<br>Mrs Janet Haswell                    | The Isis Granary, 3 Church Farm Cottages Sandygate Lane, RH13 6LR<br><a href="mailto:janet3isisgranary@btinternet.com">janet3isisgranary@btinternet.com</a>                         | 01403 891119  |
| Treasurer (CF)<br>Helen Stanfield                             | <a href="mailto:hstanfield4@gmail.com">hstanfield4@gmail.com</a>                                                                                                                    | 01403865038   |
| Secretary to the PCC (LB)<br>Mrs Anna Vereker >               | <a href="mailto:justanna.cs@gmail.com">justanna.cs@gmail.com</a>                                                                                                                    | 07899353156   |
| Organist (LB)<br>Dr Peter J Worthington                       |                                                                                                                                                                                     | 01403 260 816 |
| Captain of Bellringers (LB)<br>Mr Graham Burling              | 2 Bakehouse Barn Close, Pondtail Road, Horsham RH12 5JE                                                                                                                             | 01403 253 404 |
| Tower Captain (CF)<br>Stella Bianco                           | <a href="mailto:scb@biancoteam.com">scb@biancoteam.com</a>                                                                                                                          | 01403740010   |
| Sec. of Bellringers (LB)<br>Mrs Mandy Wicking                 | Two Oaks, Brighton Road, RH13 6JD<br><a href="mailto:mandywicking@gmail.com">mandywicking@gmail.com</a>                                                                             | 01403 891 710 |
| Holy Trinity School (LB)<br>Head Teacher<br>Mrs Tracey Bishop | Holy Trinity CE Primary School, Church Close, Lower Beeding RH13 6NS<br><a href="mailto:office@htlb.school">office@htlb.school</a>                                                  | 01403 891 263 |
| St Peter's School (CF)<br>Headteacher<br>Giles Kolter         | St Peter's C of E (aided) Primary School Potters Green, Cowfold, RH13 8QZ<br><a href="mailto:office@st-peters-cowfold.w-sussex.sch.uk">office@st-peters-cowfold.w-sussex.sch.uk</a> | 01403 864365  |
| Parish Council (LB)<br>Clerk<br>Peter Knox                    | <a href="mailto:clerk@lowerbeeding.com">clerk@lowerbeeding.com</a>                                                                                                                  |               |

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|-------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| Cowfold Parish Council<br>Clerk<br>Jan Wright<br>And the Allmond Centre | <a href="mailto:clerk@cowfold-pc.gov.uk">clerk@cowfold-pc.gov.uk</a>                                                                                                     | 01403864806    |
| Cowfold Village Hall<br>Chairman<br>Jason Bailey                        | <a href="mailto:jasebailey72@gmail.com">jasebailey72@gmail.com</a><br>For Bookings contact the Caretaker                                                                 | 01403740010    |
| Lower Beeding Village<br>Hall                                           | LBA Secretary                                                                                                                                                            | 01403 891 748  |
| Cowfold Village History<br>Society<br>Secretary<br>Stella Bianco        | <a href="mailto:scb@biancoteam.com">scb@biancoteam.com</a>                                                                                                               | 01403740010    |
| Tuesday Club<br>Janet Warwick                                           | <a href="mailto:rjwarwick12@hotmail.com">rjwarwick12@hotmail.com</a>                                                                                                     | 01403 891789   |
| Horticultural Society Tom<br>Plimmer                                    | <a href="mailto:tom@plimmers.co.uk">tom@plimmers.co.uk</a>                                                                                                               | 01293 851319   |
| Lower Beeding Assn.<br>Jean Black                                       |                                                                                                                                                                          | 01403 891 523  |
| Rainbows, Brownies and<br>Girl Guides                                   | <a href="http://www.girlguiding.org.uk/interested">www.girlguiding.org.uk/interested</a>                                                                                 | 08001 69 59 01 |
| 1 <sup>st</sup> Cowfold Scout Group                                     | <a href="mailto:gsl1cowfold@HORSHAMSCOUTS.COM">gsl1cowfold@HORSHAMSCOUTS.COM</a><br>Web: <a href="http://1stcowfoldscouting.org.uk">http://1stcowfoldscouting.org.uk</a> | 01403 865 791  |
| Parish Magazine Editor<br>Lesley Hendy (Acting)                         | <a href="mailto:lesleyhendy6@gmail.com">lesleyhendy6@gmail.com</a>                                                                                                       | 01403 256 752  |
| Parish Magazine Adverts<br>Mandy Wicking                                | <a href="mailto:mandywicking@gmail.com">mandywicking@gmail.com</a>                                                                                                       | 01403 891 710  |

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