

# Parish Magazine

for

The Benefice of Lower Beeding and Cowfold

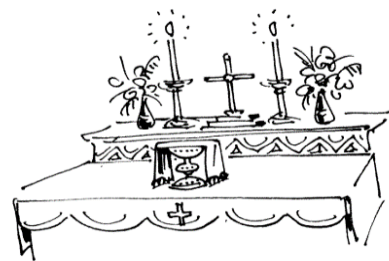
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Lois- Holy Trinity CEP School

**September 2020**

# *For the Benefice Readings & Worship Services September 2020*



## **September 6<sup>th</sup> Thirteenth Sunday after Trinity**

Ezekiel 33: 7-11.

Psalm 119: 33-40.

Romans 23: 8-end.

Matthew 28: 15-20.

## **September 13<sup>th</sup> Fourteenth Sunday after Trinity**

Genesis 50: 15-21.

Psalm 103: 1-13.

Romans 14: 1-12.

Matthew 18: 21-35.

## **September 20<sup>th</sup> Fifteenth Sunday after Trinity**

Jonah 3: 10-end.

Psalm 145: 1-8.

Philemon 1: 21-end.

Matthew 20: 1-16.

## **September 27<sup>th</sup> Fifteenth Sunday after Trinity**

Ezekiel 18: 1-4 & 25-end.

Psalm 25: 1-8.

Philemon 2: 1-13.

Matthew 21: 23-32.

## ***From the Registers***

~~~~~

## ***Times of services – Sundays***

### **Lower Beeding**

Eucharist: 8.30 at St. Johns  
Sunday

Eucharist: 10.00 at Holy Trinity

### **St. Peter's, Cowfold**

St Peters has an 8 o'clock on the 2nd, 3rd and 5th

10.00am Eucharist on Sept.6th

10.00 am Short and Sweet on Sept 13<sup>th</sup>

11.15 am Eucharist on Sept.20<sup>th</sup>

11.15 am Short and Sweet on Sept. 27th

Harvest Service

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2020

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Welcome to the September 2020 edition of the Parish Magazine for the Benefice.

We thank the pupils of Holy Trinity CEP School for their lovely posters, especially in these exceptional times in all schools, local and national. I have put Lois's on the cover as I feel she sums up the situation beautifully. Well done, Lois.

Joan Hackett has organised the Fundraising Walk this year (p.10) Please go if you can, everyone welcome - ending in a pub lunch at the Hornbrook beside Hilliers Garden Centre. The money raised keeps our beautiful churches alive.

"Ride and Stride" has been cancelled this year but Neil Stanfield from Cowfold will attempt to cycle to 36 churches on Saturday 12th September. Last year he visited 35 churches, cycling 67 miles. He attempts one more each year – we wish him luck!

Heidi Hawkins from Lower Beeding describes an amazing project in Kenya (p. 24). The work being done here is exceptional.

Same as last month, Covid-19 has not gone away. We all need to stay vigilant when we are out and about.

Please stay safe.

Lesley Hendy  
Acting Editor

[lesleyhendy6@gmail.com](mailto:lesleyhendy6@gmail.com)

Copy date for next magazine-

**Wednesday 14<sup>th</sup> September**

Submissions should be sent to  
[lesleyhendy6@gmail.com](mailto:lesleyhendy6@gmail.com)

The views and opinions within this publication are not necessarily those of the editor or the Parochial Church Councils' of the Benefice.

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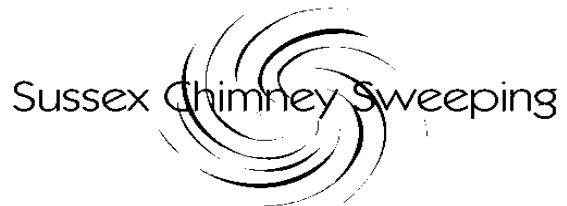


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# The Vicar's Letter



## *Reader's Ramblings*

---

***"Infamy! Infamy! They've all got it in for me!"***

*(Kenneth Williams uttered the words as Julius Caesar in 1964 romp 'Carry on Cleo'.)*

We are now in September and what a year it has been to date. We have had the pandemic and lockdown, jobs have been lost daily, people are facing all sorts of financial problems and challenges and some people are still in lockdown. So many people have lost love ones and so many have not been able to say a proper farewell or even been able to be there during the final days. In addition, as I write this, we are experiencing the high temperatures, which have once again brought forth the very real warning of climate change and the consequences. What is happening? What a year it has been?

Perhaps a lot of people feel that the Kenneth Williams' quote applies to them at this moment.

So where can we find comfort or try to make sense of it all? It all is too easy to be flippant in such a response and say well these things happen, don't they? Well yes, it is 'history repeating itself', as a history teacher of mine was wont to say. There has been and will be even more theories in the future on the events which have happened recently, and only history will perhaps have some of the answers.

Well, when we read the Holy Bible and by this I mean the Old testament and the New Testament, we see that 'there is nothing new under the sun', it has all happened before, not exactly the same of course but similar enough to stand up to comparison and above all else the world has survived, yes it has changed but we are still here.

So how can we find some comfort in these circumstances or even should I say some reassurance. By reading the Holy Bible, we can see not only have these things or similar occurred before, but we can also read of God's promises and His actions which can and have given so many people in hopeless situations comfort and above all hope.

I had the pleasure and honour of speaking with Terry Waite (Archbishop Rumsey's special envoy) in London, a short time before he flew out on the mission which ended with him being captured and incarcerated for a long time. This situation must have seemed hopeless and one in which anyone would have given up hope. Yet he had faith and he came through it. So, there is hope for us all. It is there but sometimes we have to search for it.

God Bless and Keep Safe

Geoff

can

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# News and Views from St. John's, Coolhurst



September 2020

## ***Don't allow the modern culture to rule your life***

*The fear of the LORD is the beginning of wisdom; all who follow his precepts have good understanding. (Psalm 111:10)*

"Remember," said W.C. Fields, "a dead fish can float downstream, but it takes a live one to swim upstream." This quotation, reproduced on T-shirts and in management books, appeals to our sense of nonconformist individuality. The reality, though, is that most of us want to belong and win approval. We fear the consequences of challenging toxic organisational cultures, disagreeing with accepted workplace wisdom, or showing any weakness. To go against the flow, to be distinctive in God-honouring ways, takes courage.

The psalmist emphasises that 'the fear of the LORD is the beginning of wisdom'. This godly fear is not to be placed alongside our fears of the opinions of our colleagues, important though they are, but takes precedence over them. Paul puts it starkly: 'If I were still trying to please people, I would not be a servant of Christ' (Galatians 1:10).

The biblical wisdom is not merely intellectual capacity, but is linked with discipline and discernment, shrewdness and skill. It's also profoundly countercultural, as Jesus' own teaching illustrates: in order to live we are called to die; the first shall be last; giving away leads to being entrusted with much (Luke 6:38).

In our relationships, Jesus calls us to love our enemies and pray for those who persecute us (Matthew 5:44). Moreover, God's wisdom, which looks foolish and weak in the world's eyes, is seen supremely in the cross, where it is shown that 'the foolishness of God is wiser than human wisdom, and the weakness of God is stronger than human strength' (1 Corinthians 1:25).

The phrase 'fear of the LORD' uses the covenantal name of God, implying a committed relationship of reverence and awe. If we allow the culture of our workplaces and the time pressures we experience to squeeze the fear of God out of our 'wisdom', we risk becoming 'practical atheists', where our responses to situations are barely distinguishable from those of our non-believing colleagues.

\*\*





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## Keeping us on the straight and narrow.

---



We have all had a surreal six months. We watched with horror as things worsened and the pandemic took hold and then one previously unimagined event after another became a reality. Who would have predicted lockdown and school closures?

As with most people I have had to try and prioritise. Initially during lockdown that was to produce livestreamed services plus an email document each week. As I was producing two different services that took most of my working week. Once we were back in church there were of course risk assessments to be done and we continue to note who is in church each week on a rolling basis. I am now livestreaming just one service which is a repeat of the Sunday Eucharist and will do this until we are able to livestream a service on Sundays.



However, there is an aspect of church life which just had to be abandoned as lockdown happened and our thoughts were elsewhere which now needs to be picked up in order that we are properly and legally run. I am referring to our Annual Parochial Church Meetings. The national church has

put through appropriate amendment to its rules to give us an extension this year until 31<sup>st</sup> October.

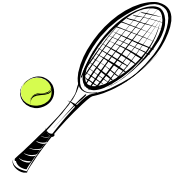
We will be having our APCM at Holy Trinity, Lower Beeding on the 4<sup>th</sup> October and at St Peter's, Cowfold on the 18<sup>th</sup> October. Both will follow on from the main morning service and each will be immediately preceded by the Annual Vestry Meeting when the churchwardens are elected. After the APCM there will be a short PCC to elect key officers. These meetings are important as we receive reports about church life since the last APCM and look forward too. Much has happened since the last APCM, which was held in an interregnum in both parishes.

It is my intention to hold these meetings in church or the Parish Room unless government regulations in force on those dates preclude that, in which case the meetings will be electronic as we have to hold them by 31<sup>st</sup> October. This would be second best because it might exclude some people but I feel sure we could make the quorum. It is important that we continue to run our parishes legally.

Please continue to take care, with love, Sue.



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# FUNDRAISING WALK

Saturday 19th September



Meet at 10.30 at WARNHAM NATURE RESERVE for a gentle stroll of approx.45 mins.

Then for those who desire we follow the RIVERSIDE WALK for approx.1hour 30mins to end at THE HORNBROOK for lunch.

Please let me know asap if you intend to come as I will need to book tables at the pub.

**This will be our main fundraising event of the autumn so please get as much sponsorship/donations as you can.**

Many thanks for your continued support.

Sponsorship can be paid through Joan Hackett

07899990750

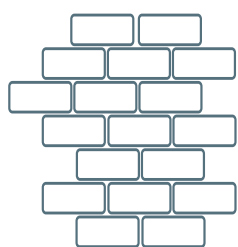


# Tuesday Club



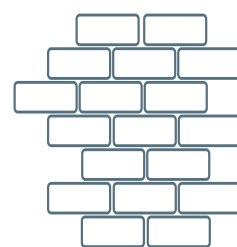
Sadly, as with all other events during this difficult period, The Tuesday Club will not be able to meet again until the lockdown is lifted.

At the moment, the date for this is not known. However, if you wish to have any information concerning the Club for further details please contact Janet Warwick 01403891789 or [rjwarwick12@hotmail.com](mailto:rjwarwick12@hotmail.com)



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# Sussex Churches Bike Ride

## 'Ride and Stride'

*Along with most other fundraising events, 'Ride & Stride' has been cancelled for this year*



Neil Stanfield has taken part in the annual Ride & Stride event organised by Sussex Historic Churches Trust for many years, raising funds that are split between the trust and St Peter's Church, Cowfold.. Undeterred, Neil will be undertaking the same challenge he usually sets himself, to cycle to 1 more Sussex church than he did the previous year.

Last year he visited 35 churches, cycling 67 miles. This year he will attempt to cycle to 36 churches on Saturday 12th September and he would really appreciate your support. Any donations will go directly to St Peter's Church and a donation will be made to Sussex Historic Churches Trust to recognise the important work they do to help maintain the beautiful, ancient places of worship we are privileged to have throughout Sussex.

Please give generously if you can

<https://uk.virginmoneygiving.com/NeilStanfield1>



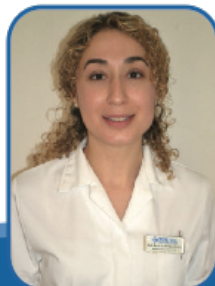


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# Lower Beeding Association News

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**250 Club:** This is your last chance to join or rejoin the 250 Club. If you have been reminded but keep delaying it because your email has been overtaken by others, and we don't hear from you, your membership number will be re-issued.

£20 membership for prizes of £100 x 3; £50 x 3; £30 x 3 and £1000. At a venue to be decided on the 15<sup>th</sup> December.

In 2021 the draws will June/December instead of quarterly.

We are sorry to see Frank Lovelock moving from Mill Close - he has been unable to move since lockdown but now on his way to Handcross. Frank has lived in Mill Lane for 42 years and has been very much involved in the 250 club, sports, village hall, bar and much more – we wish you well in your new home – not too far away. And no doubt we will be seeing him around Lower Beeding!

A warm **Welcome** to Holly, David, Eli 3 years and baby Niamh Timms who have moved into Mill Close.

It is good to see so many young couples moving in to rejuvenate the lane !

Since lockdown many people are walking and taking wonderful photos of Leonardslee, local ponds and lakes and the Ardingly Reservoir appearing on Facebook (Memories of Horsham). One series of local pond photos very recently brought to notice by the grandson of a family who lived in 2 Mill Lane until 1949 then moved to semi-detached wooden cottages (demolished in the early 1960s now the two bungalows) with the field behind used for cricket and football until the current sports field was purchased in the 1960s.

Other info: **Jean Black 01403 891523**



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# LOWER BEEDING PARISH COUNCIL

## Lower Beeding Parish Council News

**September 2020**

Dear Parishioners,

Even though the threat of the COVID-19 virus has been lessened we must be vigilant to reduce the chance of a second wave hitting us. The Parish Council (PC) have remained on alert for just this scenario and the voluntary support structure is still in place in case of such a recurrence. If anyone needs support of any kind please contact me.

The PC are still holding regular meetings, although they have to be held virtually via Zoom. However we always encourage any Parishioners to join in. The details are always posted on the website well in advance of the meeting.

I have also received the following article from

**Roger Warwick the Community Speed Watch (CSW) Co-ordinator.**

A message from LB Community Speedwatch -some of you will have noticed that the CSW team had been missing during the lockdown, but I am pleased to say we are now back in action since the beginning of July. Hopefully our presence will remind drivers that if they speed through the village when we are on duty, they will be hearing from the police.

Our activities are mentioned elsewhere in this magazine but I would like to say a BIG THANK YOU to the Eagles & Falcons at Holy Trinity School who designed the Slow Down posters which are now visible throughout the village. We had to select just five to reproduce but all of the children who took part are deserving of our thanks.

Roger Warwick/CSW Co-ordinator

Lois's poster is on the front cover.



Other winners:

Daisy

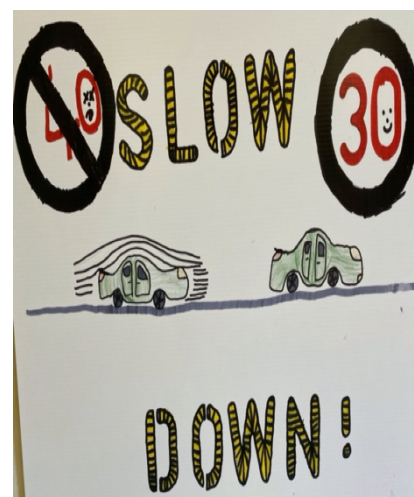
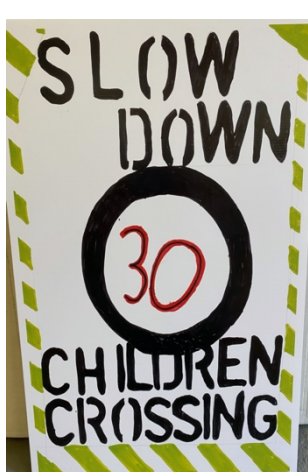
Dylan

Philip

Sophie

(Editor -well done to everybody at Holy Trinity School)

Peter Knox



Peter Knox - Clerk to Lower Beeding Parish Council

[clerk@lowerbeeding.com](mailto:clerk@lowerbeeding.com)

Our website: [www.lowerbeeding.com](http://www.lowerbeeding.com)



# Lower Beeding Horticultural Society Report

Society has been quiet for a further month as we plan what, if anything, we can go through with of the remaining two events in this year's calendar – the AGM and the Rewilding talk from Knepp both in October. Members will be provided an update in the October newsletter, and in addition the October article for this publication will include any update.

The discount on annual tickets for Leonardslee is still under discussion, and further information will be provided once we have agreement with the garden.

All the best-Tom

## Gardeners' World

I write this article as I take respite from the 30+ °C temperatures that we have been experiencing for several days now, with the hot, dry weather not forecast to change for a few more days. With this very hot spell comes the problem for ourselves and our gardens, in both cases (certainly so far as I'm concerned) drying up, meaning that we need to ensure that we at least do some watering to prevent early dying off of the summer colour. The lawn might not be so lucky though and there are now extremely dry and straw-like areas that might take a good few months to recover. Fortunately, though the work for this growing season has been done and we now have an abundance of produce coming in from the vegetable plot and at the same time plenty of colour to cheer us.



Before we take it too easy though there is still a variety of jobs that we need to keep up with. Roses need deadheading and perhaps some fertilizer, and ramblers need careful pruning to protect next year's lead stems. And in to ensure tidiness and order in the garden there's strimming and weeding to continue with. We're now into the season for maintaining hedges in good order. Conifer, box, beech, any many other hedges can all be cut back with vigour at this time of year and the benefits will be seen when they get going

again in the spring of next year. The RHS “Pruning and Training Guide” offers comprehensive information on maintaining hedges, it’ll cost around £8 for the paperback edition and will be money well spent to aid in your hedge maintenance.

Turning to the vegetable garden, cropping has been going on now for several months. Sometime during September, if not already, the beans and peas will finish, but instead of pulling up the plants cut them off at soil level and allow the roots to rot in the ground – they are good nitrogen fixers, and this is slowly released into the soil as the roots break down. September sees the start of the autumn clean-up of beds and at the same time it gives the opportunity to plant over-wintering varieties of garlic and onions, the sets being available in garden centres this month. There’s not much that can be started off this month with over-wintering crops having been started last month, but a few lettuce and radishes for winter use are worth a try.

In the greenhouse the time is coming when that too will need its clean. Clear out all decaying plant material, this can harbour unwanted pests and diseases. The cucumbers and tomatoes will continue to crop though well into the month, they will still need daily watering to maintain production. For the flower beds and for those semi-formal areas for bulbs start to think about where you might need to add bulbs to provide spring colour. Other jobs that are still necessary during the month include dead-heading and tending the lawn. It’s also the time for an autumn feed for the lawn, one that is high in potassium and low in nitrogen to encourage strong root growth. A poor quality lawn is going to be more susceptible to leatherjackets and other unwelcome lawn pests. I know this from experience over several years, including the spring of this year when an area of the lawn was dug up by night-time visitors looking for supper. And, during the heatwave of mid-August what we really want to see is plenty of rain at the moment, to rejuvenate the drying garden. I never expected to say that though!

Hortulanus

+++++

*“A garden is a place of joys, is a place of lessons, is a place of miracles and a place of sure and never changing peace.”*





# **Sadly Cancelled Annual Christmas Market on Saturday November 28<sup>th</sup> 2020**



It will come as no surprise that, due to Covid 19, we have decided, with immense regret, to cancel the Christmas Market which was to be held on Saturday 28<sup>th</sup> November in the village hall.

As this is usually our main annual fund-raising event to help maintain our beautiful church buildings of Holy Trinity and St. John's, we are actively looking at other possibilities on a smaller scale where social distancing can be adopted.

There will be an up-date in the October issue and in the meantime please still hang onto those 'lockdown' jigsaw puzzles and any unwanted quality gifts remembering, that if storage is an issue, please contact me and I will collect.

On behalf of the team I would like to express huge thanks to everyone of you who has supported us over the years and I truly hope that we will be able to resume this superb event in 2021.

Jan McKinnell  
Christmas Market Organiser  
01403 891481  
07901 784433  
[janmckinnell@btinternet.com](mailto:janmckinnell@btinternet.com)

**PLEASE TAKE A MOMENT TO LOOK AT PAGE 10 FOR DETAILS OF  
FUNDRAISING WALK ON 15<sup>TH</sup> SEPTEMBER.**

*(On behalf of the Parish I would like to thank everyone involved in creating the Annual Christmas Market every year. So much time and effort goes into this event. Please sponsor the Fundraising Walk so we can keep our beautiful Churches alive for the next generation .Editor)*



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## 70. Sir Arthur Wellesley, Duke of Wellington

1769 – 1852

### Part 1: Learning the art of war

Arthur Wellesley was born in Dublin, the third son of a debt-ridden Anglo-Irish aristocratic, who died when Arthur was 12. To his mother's despair he proved to be an indifferent student. His older brother, Richard, arranged for him to be commissioned in the British army. He served as aide-de-camp to the Lord Lieutenant of Ireland and as a MP in the Irish parliament. He acquired a taste for wine and cards, and was always deeply in debt.

When he sought marriage with Kitty Pakenham, also of the Anglo-Irish nobility, he was refused by her brother, Lord Longford, who considered Wellesley to have poor prospects. Devastated by the rejection, Wellesley resolved to put aside his life of social triviality and pursue a military career in earnest. His brother lent him money to purchase a lieutenant-colonelcy in the infantry.

Wellesley was one of the few officers to serve with distinction in the disastrous 1794 Flanders campaign against the invading revolutionary French army. Commenting on the poor leadership and organisation, he remarked later that this experience taught him "what not to do, and that is always a valuable lesson".



Promoted to colonel at the age of 27, he was posted with his regiment to India. Within a year he was joined by his brother, Richard, the new Governor-General of British India.

Soon after Richard's arrival, Napoleon landed in Egypt with a powerful army and designs on British India. Tipu Sultan, the ruler of Mysore, allied to France with a view to conquering territory held by the British. Wellesley's regiment was part of the British army that invaded Mysore. His brother gave him an additional role, that of chief advisor to Britain's ally, the Nizam of Hyderabad, whose army accompanied the British invasion. This role caused friction with the other officers (some of whom were senior to Wellesley). Much of this friction was put to rest when Wellesley's regiment fought with distinction in the two major battles of the campaign.

After the defeat and death of Tipu Sultan, Wellesley became alarmed by the lack of discipline among his men, many of whom became drunk and pillaged Tipu's capital. To restore order, several soldiers were flogged and four hanged.

Wellesley, aged 30, was then appointed governor of Mysore. Despite several bouts of illness, he performed well in the role, in an environment of serious factional intrigue. He reformed the tax and justice systems, sought to maintain order and to prevent bribery. Meanwhile Nelson's victory at the Battle of the Nile had ended Napoleon's ambitions on India.

The death of Tipu Sultan created a power vacuum that a powerful bandit chief, Dhoondiah Waugh, sought to fill. He raised a sizeable force composed of disbanded Mysore soldiers. They captured several forts in Mysore, receiving the support of the Marathas, a warrior people who were hostile to the British. This was beginning to destabilise British authority. Wellesley

marched with 8,000 men, despite Waugh having over 50,000, albeit around 30,000 were irregular light cavalry unlikely to pose a serious threat to British troops.



After a difficult summer campaign in which Waugh constantly avoided battle, seeking instead to wear the British down, Wellesley finally trapped Waugh together with 5,000 cavalry. Wellesley personally led a charge of 1,400 British dragoons and Indian cavalry, defeating Waugh, who was killed in the battle.

Promoted to the rank of major-general, Wellesley was sent to command an army in the Second Anglo-Maratha War. When he determined that a long defensive war would ruin his army, Wellesley decided to act boldly to defeat the numerically larger forces of the Marathas.

Splitting his army into two forces Wellesley advanced deep into Maratha territory to locate their main army. He was about to re-combine his forces when he gained intelligence of

location of the main Maratha army, between two rivers near the town of Assaye. If he waited for the arrival of his second force, the Marathas would be able to mount a retreat, so Wellesley decided to launch an attack immediately. He had 7,000 men, of which only 1,800 were British, plus 22 guns. The Marathas had 40,000 men and perhaps 100 guns.

Wellesley led his forces over a river ford, and advanced against the Maratha infantry, while his cavalry exploited the flank of the Maratha army. Wellesley himself came under fire, twice having horses shot from under him. At a crucial moment, Wellesley regrouped his forces ordering an attack on the eastern end of the Maratha position while he personally directed a renewed infantry attack against the centre. Wellesley's leadership was critical – always in the thick of the action, and always cool and collected. The enemy was routed, but Wellesley regretted the significant casualties suffered in the victory. Years later, however, he remarked that Assaye, and not Waterloo, was the best battle he ever fought.

A few months later, Wellesley attacked an even larger force near the town of Argaum, leading his army to victory again, with an astonishing 5,000 enemy dead at the cost of only 361 British. Further campaign successes by Wellesley, combined with the victory by General Lake at Delhi, forced the Marathas to sign a peace settlement. Wellesley was knighted.

Wellesley returned to Ireland. Having proven Kitty's brother wrong, the marriage now went ahead 13 years after his original proposal. Two sons were born, but it proved an unhappy marriage. Kitty and Wellesley were both much changed and then spent years apart while he was campaigning, and Wellesley sought other romantic partners.

Wellesley's learned much in India: the critical importance of discipline through drill and order; the use of diplomacy to retain allies; the vital necessity for secure supply lines; and the enormous value of intelligence gained through scouts and spies.

The British army tended to regard successes in India as not being relevant to fighting European armies. Next month I shall describe how Wellesley proved them wrong, using the lessons learned in India to achieve phenomenal success in Europe.

| 1788                                  | 1789                     | 1796                         | 1798                    | 1801                             |
|---------------------------------------|--------------------------|------------------------------|-------------------------|----------------------------------|
| Penal colony established in Australia | Storming of the Bastille | Vaccination against Smallpox | Napoleon conquers Egypt | Ireland joins the United Kingdom |



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## Kenya Connection UK

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Kenya Connection UK is a UK based collective, raising awareness and money to help build a house for a community in Kenya.

Beth Wariwa, founder of Smart Child Kenya, has spent her life promoting equality and justice and education, especially for girls.

When the Kenyan government locked the country down due to Covid –19, and gave *no help to the people*, Beth and her husband went even further with the incredible work they already do, and began to feed their community, with the help of a few people in the UK, who sent money.



**Kenya Connection UK**



17 Jul at 15:00 • 🌐

People glad to receive food this week.



Her faith is awesome and unshakable. She believes God has given her this work to do, and she never wavers. In addition to feeding those worst off in the community, she has made sure people get medical treatment and has rescued children who have been abandoned.



So many people are living in Beth's house now! Beth and her husband Eric. Beth's 4 children. Two girls Naishura and Naserian who have been with her since just before lockdown started. Abigael's family - 5. And now baby Angel. 14 people in a house designed for one family.

We need to keep this house-building campaign going for these souls. There will be more coming to Beth every day. Regularly, folk are lining up at her door, starving.

You can read regular updates and news about Beth and the newcomers to her home on the Kenya Connection Facebook page. Please like and share the page as it helps with algorithms and will raise awareness even further. Thank you!

I am making this appeal to you, on behalf of Kenya Connection UK, because Beth needs help. Donations are drying up! Words cannot convey how grateful we would be for any donation, large or small.



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# WEATHER REPORT

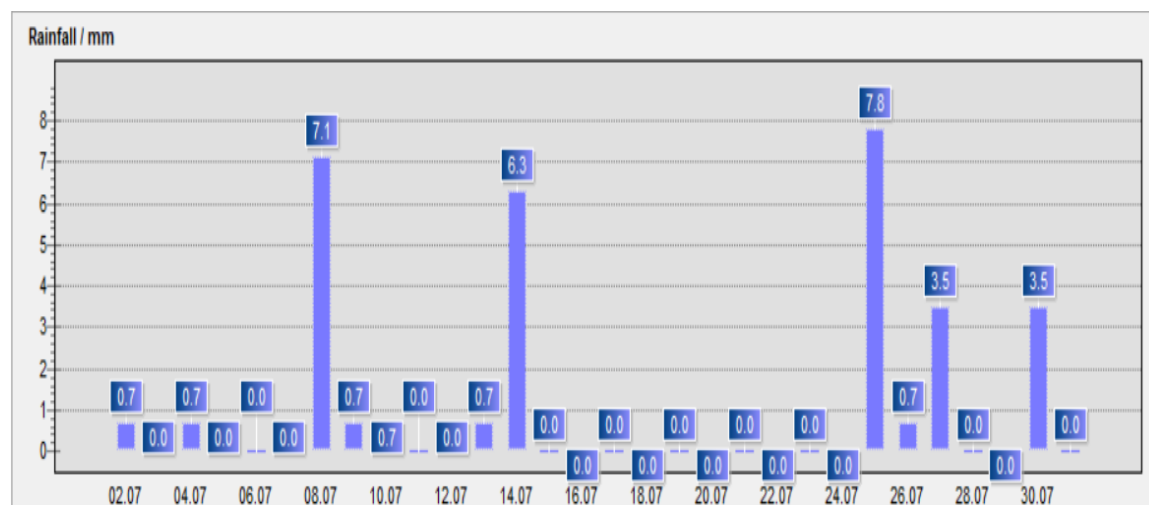
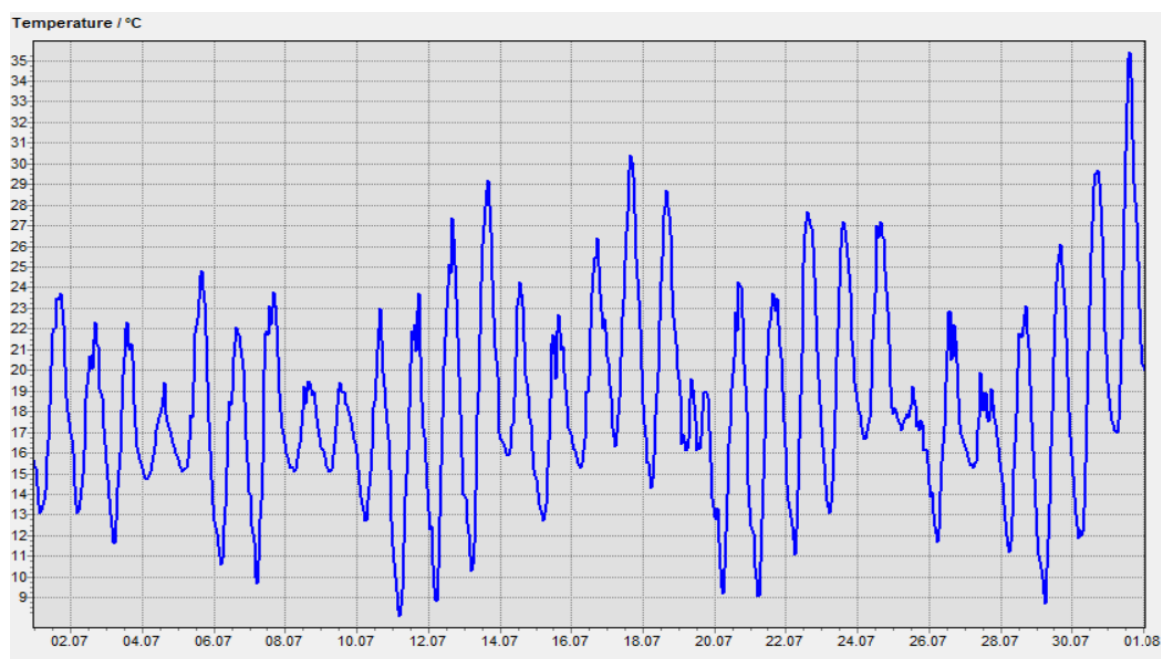


## WEATHER FOR JULY 2020

|                       |        |       |
|-----------------------|--------|-------|
| Rainfall in July 2020 | 1.28"  | 32mm  |
| Rainfall in July 2019 | 2.44"  | 62mm  |
| Rainfall for 2020     | 18.38" | 467mm |
| Rainfall for 2019     | 15.32" | 389mm |

Warmest day 35.4°C on 31<sup>st</sup>  
 Warmest night 20.2°C on the 31<sup>st</sup>

Coldest day 19°C on the 19<sup>th</sup>  
 Coldest night 8.8°C on the 11<sup>th</sup>



From the MetOffice:

“July began with low pressure dominating, giving mainly cloudy weather with showers and longer spells of rain. It continued unsettled and mostly cloudy until the 9<sup>th</sup>. Between the 10<sup>th</sup> and 22<sup>nd</sup>, high pressure often ridged into southern parts of the UK, bringing dry sunny weather to southern England, and from the 10<sup>th</sup> to 12<sup>th</sup> and 19<sup>th</sup> to 21<sup>st</sup>, the high moved further north bringing more widespread fine weather, but central and northern counties otherwise remained unsettled and often cloudy. It was generally changeable from the 23<sup>rd</sup> to 29<sup>th</sup>, but a brief hot southerly incursion on the 30<sup>th</sup> and 31<sup>st</sup> brought unusually high temperatures to many parts of the UK, locally reaching 37.8 °C (100 °F) in the south-east.”

Rainfall was slightly lower than the 1981 – 2010 average, average temperature was slightly lower and sunshine was average.

Looking forward, for August-October, the signals are initially weak, with only a slightly increased chance of low pressure prevailing across northern Europe. However, for the period as a whole, there is an increased likelihood of an above average chance of westerly flow, and low pressure prevailing across northern Europe. This results in a modest increase in the likelihood of above average rainfall. The chances of below average rainfall, however, are close to normal. Prolonged spells of dry weather are not precluded even if the Outlook period turns out to be wetter-than-normal overall.

So, a rather Atlantic-driven signal with low pressure bringing spells of rain at times during late summer and early autumn. Above average temperatures are more likely than cooler than average temperatures but with this low pressure dominated weather there is the chance of some cooler than average periods for the end of summer and start of autumn.

Elizabeth Ogg

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# 1<sup>st</sup> Cowfold Scout Group

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## **How things have changed!**

We at 1<sup>st</sup> Cowfold Scout Group run Scouting in Cowfold for young people aged 6 years to 18 years. With a mixture of boys and girls from Cowfold and all the surrounding villages. We have just under 100 members and are run by volunteers.

Since the middle of March 1<sup>st</sup> Cowfold Scout Group have had to make a few changes, since we have not been able to meet face to face we have taken on doing virtual meetings. We thought we would let you know what sort of things we have been doing.

## **Beaver Scouts**

This section is for 6-8 year olds, since lockdown we have taken part in virtual meetings and have managed to carry on building on the current skills and learn new skills, but mainly having fun.

Just to give you an idea of the sort of things, we have had a first aid evening, International themed evening and even learning lots of ways to say hello. Show and tell with our pets, making cup cakes and this last week we took part in Yoga.

## **Cub Scouts**

This section is for 8-10.5 year olds, again like Beavers Cubs have been taking part in virtual meetings and have managed to even try some new things as well.

Cubs made Mug Nuts which tasted amazing, a little PE, a brilliant game of battle ships and a scavenger hunt and done lots of science experiment with things from around the house.

## **Scouts**

Scouts are for 10.5-14 years old, they have been meeting weekly since lockdown, it has given everyone the chance to shine and show us just how amazing they are.

Scouts have done a variety of virtual meetings, including making burgers and cheesecake and cooking nachos. They have taken part in lots of challenges and a talent show. They have worked on fitness as well.

## **Explorers**

Explorers are for 14-18 year olds, they have been meeting virtually, every week since the start of lockdown.

Explorers have been taking part in some cooking and quizzes, they had a virtual meeting with the Scouts as well. They have carried on with skills like map reading and even a virtual hike.

As you can see each section has been busy, but as well as all of that we have also had fortnightly challenges like the scarf challenge, pioneering, making Fleur de lis and built a raft to name a few. We have all camped out at the end of April with Scout members throughout the whole of the UK.

We have taken part in a indoor weekender event, so loads of activities virtually over the weekend, with a group BBQ and camping if you wanted to. We have even managed to invest some of our members over the last few months.

So hopefully you can see from this just some of the sort of things we have done and that we are trying to make the best of these difficult times.

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# Rabbit Patch

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wholesome home cooked food which the children love.

The children have lots of opportunities for artistic and creative play, to engage and  
interact with animals and nature and help us develop our vegetable patches.

If you are interested in Rabbit Patch Day Nursery, get in touch to arrange a visit to meet  
our staff and see the space for yourself. Email us on: **contact@rabbitpatchnursery.co.uk**  
or call us on: **01403 891976**.

Why not stop by our website: **www.rabbitpatchnursery.co.uk**  
and follow us on Facebook to keep up to date with what we are up to.

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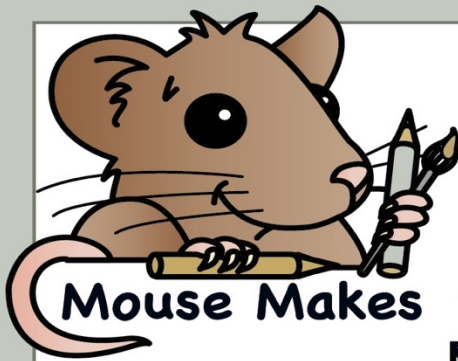
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# Children's Page



The **Bible** is a collection of **books** that took over 2,000 years to write! The books were written by many different people, all helped and inspired by God. The Bible has books about:

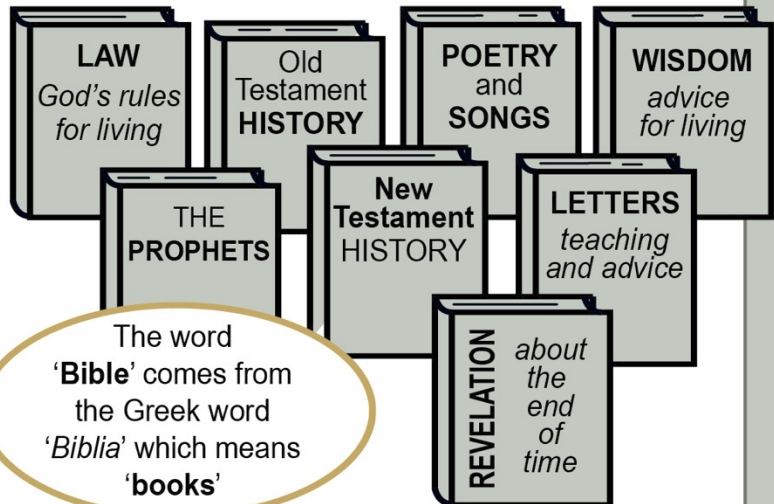
There are **66** books in the Bible. How many can you name?



## BIBLE WORDS

The Bible words in **BOLD** type on this page are also hidden in the word search, can you find them?

P L B O W I K  
R I O S I L G  
O G O N S W O  
P H K E D O L  
H T S W O R D  
E R L T M D O  
T E A E G O D  
S V W S E E D  
L E T T E R S  
T L W A N L O  
H A M M E R N  
O T I E H I G  
N I R N I R S  
E O R T S A B  
Y N O R T I I  
F I R E O N B  
P O E T R Y L  
F O O D Y O E



The word '**Bible**' comes from the Greek word '**Biblia**' which means '**books**'

God speaks to us today as we read the Bible. The Bible encourages us, corrects us and shows us how to live, it also describes itself as:



**Mirror**  
James 1:23



**Food**  
Hebrews 5:12-6:1



**Honey and Gold**  
Psalm 19:10



**Light**  
Psalm 119:105



**Rain**  
Isaiah 55:10-12



**Seed**  
Mark 4:14



**Living Word**  
Hebrews 4:12



**Hammer**  
Jeremiah 23:29



**Fire**  
Jeremiah 20:9



**Sword**  
Ephesians 6:17

...but most of all The Bible teaches us about **God** and how we can be friends with Him.



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# Take a break!



8								
7		9	5			4	8	
	2		7				5	
				1	6			
2								9
			4	5				
	3				7		2	
	1	6			9	3		5
								6

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# FAMILY SUPPORT WORK

## COVID-19 Announcement

In these difficult times for everybody, we have been deciding how best to keep our staff safe whilst also continuing to provide support to our families. Whilst we are no longer able to visit families in their homes we are continuing to provide support by phone and other means.



A huge thank you to all those who contributed goods and monies to the food bank appeal.

The very valuable work continues across the Diocese despite Covid 19 and its challenges. Here are two quotes from parents

*'there is such a value of a network of support for families that enables stability for the children so they can thrive'*

*'I am so grateful you have been in our lives and for the help and support listening to my rants! It makes such a difference to have somebody there when we can't get out like normal'*

Such support is achieved by over 300 social distancing home visits, over 200 remote support to nearly 500 parents and 400 children, 30 virtual supported meetings with other agencies and 350 food deliveries. (June figures)

Kay Croll



**Mark and his staff welcome you to**

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# Poetry Cornered

## Composed upon Westminster Bridge, September 3, 1802 William Wordsworth

I

Earth has not any thing to show more fair:  
Dull would he be of soul who could pass by  
    A sight so touching in its majesty:  
This City now doth, like a garment, wear  
The beauty of the morning; silent, bare,  
Ships, towers, domes, theatres, and temples lie  
    Open unto the fields, and to the sky;  
All bright and glittering in the smokeless air.  
    Never did sun more beautifully steep  
In his first splendour, valley, rock, or hill;  
    Ne'er saw I, never felt, a calm so deep!  
The river glideth at his own sweet will:  
Dear God! the very houses seem asleep;  
And all that mighty heart is lying still!





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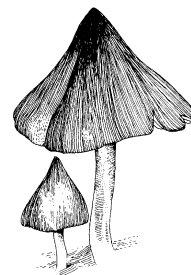
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## Ballerina, blushing, parrot, spangle, goblet!

What do these all have in common? If you're ever asked this in a quiz, then the answer is that these are all names of waxcaps. Waxcaps are our most distinctive grassland fungi, found in places which have not been ploughed, reseeded or sprayed. Churchyards are a real haven for them. Small, shiny, often brightly coloured and mushroom-shaped, they appear like scattered jewels thrown across the grass.



Before the development of the microscope in the 18th century, fungi were a puzzle, appearing overnight and sometimes taken to be the work of 'dark powers'. The visible part of the fungus is the 'fruit', filled with spores. The rest of the fungus is below ground and consists of hair-like filaments called *hyphae* which develop into a mesh or *mycelium*, growing through the material from which they take their food. There is still much for ecologists to learn about the complex relationship between grassland plants and trees and the fungi associated with them, but it is clear they are a vital component.

If your churchyard grassland is being managed for wildflowers, then you will be helping the grassland fungi too. Waxcaps need short grass in autumn but both lawn and meadow areas will be cut short by now, so they can appear in either. It is good to let them grow to allow time for spores to be released. Also, it is important to remember the golden rule: *always rake and remove the grass cuttings*, regardless of the grass length.

All the best

Andrea

Andrea Gilpin

[andrea@cfga.org.uk](mailto:andrea@cfga.org.uk)

[www.caringforgodsacre.org.uk](http://www.caringforgodsacre.org.uk)

---

Solution to Sudoku (p.32)

8	5	3	6	2	4	7	9	1
7	6	9	5	3	1	4	8	2
1	2	4	7	9	8	6	5	3
3	8	5	9	1	6	2	4	7
2	4	1	8	7	3	5	6	9
6	9	7	4	5	2	1	3	8
5	3	8	1	6	7	9	2	4
4	1	6	2	8	9	3	7	5
9	7	2	3	4	5	8	1	6

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Ant hills are mini miracles of design and construction, the visible tip of the ant's underground empire. Soil is mined and carried, grain by grain, to the surface to construct this metropolis of mounds some of which can be centuries old. Every ant hill represents a separate colony of Yellow Meadow Ants – respected as the finest architects amongst Britain's 42 ant species.

Ant hills are high-rise heat-traps built to harvest the sun's warmth. This soil solarium houses a series of chambers; the colony's nursery. Here, worker ants tenderly tend to eggs, pupae and larvae – moving them around within the ant hill to keep them always on the sunny side.

With a strong division of labour, each colony is a 'superorganism' made of thousands of hard-working individuals serving a common cause – their colony and queen. But life is far from peaceful. Every ant hill is a miniature kingdom at war with its neighbouring ant hills. Epic battles are fought daily on these downs, and every summer squadrons of winged ants take to the skies in an attempt to establish new colonies. It's a perilous mission – certain death awaits them if they land in occupied territory.

Down under the ant hill, other ants work on the aphid farm. Root-feeding aphids are herded and 'milked' for their honeydew – a hi-energy drink which helps fuel the colony. Ants also obtain a similar sugary syrup from the caterpillars of Chalk Hill Blue butterflies. When these caterpillars are ready to pupate they are carried underground and adopted by the ant colony. Upon emergence, the subterranean homesick blue butterflies scramble back to the surface and escape to the summer skies.

Ant hills don't just benefit ants; their angles and aspects create a unique micro-habitat on chalk downland. Their sun-baked slopes are great for basking butterflies, grasshoppers and lizards and their soft, sifted soil is loved by mosses, grasses and flowers. This softness is also their vulnerability. Every ant lives in fear of the great winged terror from the sky – the green woodpecker. Its brutal bill and sticky harpoon tongue can cause carnage in a colony. Winged monsters, kingdoms at war – it's a veritable Game of Thrones out there on the South Downs in September.



Yellow Meadow Ant (c) Paul Richards  
Sussex Wildlife Trust.jpg

# PASTORAL ARRANGEMENTS

**Although Revd. Sue Wharton works part-time there is an answer machine which is checked regularly, although Friday is always a day off.**

## **HOLY BAPTISM**

Enquiries about Baptism are welcome for those of all ages who live within the parish or who have a family connection with it.

In the baptism of your child, you as parents are: thanking God for his gift of life, making a decision to start your child on the journey of faith and asking for the Church's support.

Making a decision later in life to be baptised is a commitment to a life of faith, which is completed by being Confirmed in the Church.

Being baptised at any age you become part of the worshipping community of the church and we look forward to welcoming you at our services.

## **HOLY MATRIMONY**

Marriages are celebrated between couples, one of whom is resident in the parish, who have a family connection to it, or whose name is on the Electoral Roll.

Enquiries are welcome subject to the regulations of the Church of England, more information on which and on getting married in church can be found at the following website: [www.yourchurchwedding.org](http://www.yourchurchwedding.org)

## **MINISTRY TO THE SICK**

Holy Communion can be brought by members of the church to any who are sick or housebound, regularly if desired.

Relatives, friends or neighbours should feel able to pass on information about those known to be sick or in any other need. As well as receiving Holy Communion, those in need can be anointed with Holy Oil as a sign of the prayer of the Church for the Grace of the Holy Spirit.

Please contact us immediately where anyone is in danger of death.

## **MINISTRY OF ABSOLUTION**

Advice and counsel can be requested and Absolution can be given by the priest to those wishing to make a special confession of sins. The Sacrament of Forgiveness and Reconciliation is an established part of the life and teaching of the Church of England.

# PARISH DIRECTORY

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